I feel Weider should be abla to give you much on what I did both in writing and strength. He always was envous of me and told everyone I was a very powerful man, so I have no need to h low my own horn here -- Although what I have written may sound a tad like do ng so.

Fred Howil --- por old Fred. Has been very ill . Recentlty went to the docs and was told he had a melonoma on his right jaw and had it removed. This career, as you know, is very virulant. Fred is now waiting to see if it has metastaficized. If it has----.

I pray for him although I am nota religious man. Poor old Fred. He has previously had several basal cell carcimomas removed from his face, the result of following ac Madden sadvice toget "all the sun you can. "

Thav a couple f shots here of me. I may have sent you one with me and Liedermann and to T Goodreich I also have one of me and Weider and Rung some where or the other, puts one that was taken of me at the Collection. I will raken them out and let you have them.

BUT I MUST HAVE THEM BACK. The are the only shots I hav left of my glory days and I want Vera to have them when I am gone. Which, I think -- indeed HOPE isnt too far away. I am jist getting sick and fed us and tired of coping with all te bullshit going on today.

Had a letter from Grimek recently in which he told me he met up with the Worderful Coun who now alls Grimek MY PAL. John says he took Mrs W out on the dance floor and popped the question to her " Why dont you get Joe out dancing. " Her rep. y " HE'S TOO TIRED ALL THE TOME. " W Nufffsaid . wrobs roles as is as as as as as as as a select sid bedai fledes esiwred to ro berrobs

creations with lace. Off W. He is, was that is, a biret and a bloody racist and that is

I suggest you grab hold of soke Canadian papers and see the fussing feuding and fighting going on over steroid use. It is at the same decibel level as Watergate here. Seems Brother Ben Johnson has been on the bloody muck sinco christ knows when way way back to 1980 and k new full well what he was taking and why and loved it. It would also seem there sixus a single bloody so called at lete who isn't propped op with a pill or a hundred each time he, steps onto the track or lifting platform or whatever. Nice world we live in when people have to resort to cheating to win a trophy or whatever. little souib from a ewapapar right worker

exhibiting in Minsk, Russia, at a local theater of that city, was correct moverage to the colon, who silly young worthies to 2 500% Young Not organized to 2 for a local control of the colon, who is L mailon, wo

HOPE TO HEAR FROM YOU SOON. DOnt tell me you have been busy: I KNOW YOU HAVE. But if you writeto others, then drop me a line or half a dozeN,

on of a soupling out it is a best as always to you and tours, now ou

scem. Talks chear

My article written wind wears ago, was to have bee published in the JUNE edition of WISCLE ANG THESS. It in and a peared. or at least so I am told. The same old razzama azz it would · bouses.

I am told that The Musicrin has so gary recess in his calatia loose Tilled with Louis

I have have los Assirati trying to run down the death date of MR I TON for y u. It was he win told me he remembered that the eath of I on WAS covered in USS and he who favene the 1968 date. This may or not may be corr t since I recall that 'non and Mas had some sort of Tursing going or twint them at the time Inch hopped it. Her Affartallamy Applicate

as for the forthcoming issue of me in your opus. I would sucest y a certact Weider, Grossen Owntle and others re me and my writing.

I sent you that LA March 2nd Times stuff re Weider, I think. Cant remember if you sent it back to me. There are doesns of blokes are no the cou try w o know meland who can rive you info on me. Audy Splo, Leo Murdock, etc etc. Send me that questionaire and I'll answer each and every one. PROMSE. Keep my word as you know.