as fasTas posible, at any cost fair means ofr foul but WIn. Too much emphasis, in my opinion, is, these days placed on winning and not nough on the importance of taking part, no matter oif you win, place or show. My ppinion, but there it is.

We seem to have lost everyscrap of idealism that once was attached to outsport.

Now it is so bloody well commercialized that the mag moguls and the muscles by mail mahatmas cant afford to be truthful or honest lest their priofits drop.

As for steroids tangling with lifting, the year. I think, it was first observed in the latefifties with Hoffie and his Doctor Tiegler. BW he had the wall to explain the sudden gains his lifters were making by attributing their success to the use of isometric exercises. Food can tell you more about this than I can. was somewhat out of it at Mat time.

I would say---this a wild guess--- that, possibly 1960 was the last year we had lifting on a world competition scale without steroids. They had geen in use in the German Army since the late 1930's.

NO, I do Not tink to men of today were stronger than the men of yestergear.

Just look at what the do. They are now Spcialisto. They also use artifices and spallow drug to achieve wathard training did for them before. I doubt if there is any man today with the all round power of Goerner or Marvin Egar, particularly the latter.

I do think that the British system of 42 lifts was a much fairer system than todays. In Hose days evryone had a chance to make a record. Wets face it, despite what the constitution says ALL MEN ARE NOT CREATEDEWUAL. Some ars smarter than oters, some damber, somestronger, and some more powerful in different ways, due to physical structurre and metal outlock. So, in my opinion, though we'd lose by dropping back to a multi lift program, in that we do see Lass records broken in specific countries, AND LESS PROFES MADE BY THE Magazine Mogules, we would be MUCH HEALTHIER generally in

a weighlidting sense.

NO.S&H Never was any competition for Joe. He had he best mag and Hoffie realiserd it and showed his envy by his constant sniping at Joe, and I think Joe encorged him to pop off at him.

I would raker NOT get into the fag mag a team. I always told Joe he was making a bad mistake publishing them. They were SOLELY FOR GAYS. They were the only ones who purhased them. They were puth by wally MacManus, himself a very aggressive homo sexual. Apart from his sexual preferences, wally was a good booke and completely devastated when my wife came down with breat cancer.

Re weider being indicted in Jersey City, enlighten me about the This is as area I knw naudt about. I had long been gone, and I did hear secting about Joe " being in troube, " but never learned what sort of trouble it was.

SO TELL ME ABOUT MIS.

Ben Weider, I had little to do with him apartfrom men he came into toewn which wasnt often, and trotted around hither and yon. I did see him on the couple of times I went to Montræal and he was very hospitable. But there is a vast different twheeld them. Ben wields the rapier. Joe is inclined to use the club with a nail in it. Ben has the organisational ability amd Joe the promotional fair and the genius for screwing you out of what you have