## －3ー

CNiuretics at all．He suffered what is known as insulin shock．
One of the manfestations of diabetes is a contandreed to urinate or a desire to drikk，drinkafter drink．
Diabetes can produce two kinds of adversereaction．One is INSUIIN COMA and the of insulin shock．Those who have to take insulin shots as a Renssutf of diabetes melitus or onstrdiabetes，the 㡎pe mosit found in ELDERIY people，will Nat suffer thesereacrins UNIESS they fail to take their shots．

Clpesvon Bulow，the New Ehgland biggie，went on trial for giving his $W^{*} f e$ shots o insulin，and shoing her into an irreversible coma．She is still in it and wont come out．What these blody idfots whoshoot up with i sulin fail torealise is that it can KILL you and faster tha a shot of shroms，which does the job residing youfrom the world over a period of gears．A shot of insulin CAN do it pronto，if not faster．

Though I have said that this is the result of the over commercialisat－ lon of lur sport，thos phase of it is but symtatic bf thetimeswe live in and the cuiture that has become ours．symptomptic）

Tale for example the political bullshit Georgeie Bush is heaping on the public retaburning of the Fag and the Supreme Uurt deldyons regarding it． Truer，flagborning is askaid and boorish thing to do，but at thesame
 to cut away at the civil liberties the Fag represnts．
Ditto with his hollering abowa Kinder，Centler，America during his electio compaign，that allowing the Supreme Courtto oK thedeadh pealty for juveniles and mentally refardates．

If tyaydidrmuch bholwing and fusskrising about the number of unemploy and homess asthey did aboutt some illadvised bloody idiot burning the Flag，our social probems andistress would be short lived．

I find parallels in the actions of the Chinese Government．They tell the world the demos in Tianamen Square fidnt take pace，there were no allgary or otherwise，rioters killed pad justto prove there were no riots，hav condemed AND executed 28 of them for NOT RIOTING and NOT 僻NG Killed．
anice logeal trdekif youcan gaway with it．
I amglad I will be leaving thof fucked up world in thenot too dinstant future．Ill I æk is，fast，no fuss，no muss but just let mfgo easily and fast．

You have a faint suspiciln that I oid much $\subseteq$ w wnderid．That is the understatjement of all time．Like vah looking out of the ark and sajping to one of his sons，＂Shit shem，looks like its gonna rain．＂

Golvam，
OTR．If it hadnt beenfor me，Joe would never have，gotinto the food suppleme businesswhen he did．Itwas I wh persuaded him，Now，much tomy regret．It has，like eđrything else in our Gamp，become aG6lem，a F pankenstine Monste and it is now LMPOSSIBE toread aymag without getting the impression that bameilsare／reldundant，All you have to do to getbigandshong and muscular is pop a pill．Sad，prat，to mbe，true．

Thebit about Christian surprises but does not flumax me．It is just wat hau expeted wodtld happentil along．Why stop at pill popping or shooting up

