I also guess that，since Doug corresponded regularly ith Anderaon，Doug passed along detals of my training advice to paul，so it may be that I als contri ted to painh rise． 1 also helped eder，but not nearly somuch as $\perp$ di Doue All in all there mst be countlre＇ss hundeds I helped either though my解iclesor else trogh meetingd at meets or training sessions．

I have written so mayarticles－－－not only under my own name but under the nams of mayany＂SMARS＂that I forget how many．Sodly，I never kopt a car of any adtecl I wrote．One might say foolashly．but I see evidence of what I wrote，ontinually，and 1 do men UONTINUALEY，cropping up in other authors apicles，and，ometims word for word as I wrote them．

I say the following in unabashed pride I was proud of every mag weider put o ut that I contributed to．Iwas good．Damn ood．He knew it．others knew it and thew why the York Yokels came down on me so heavy with their various snide remarks．I made every weider muscle mag look better because I knew my subect，loved towrite and knew I was making his mags so much better than they would have een if I hadnt been there．I gave him the credibility he so bady needed．He is now a multi millionaire and I have to struggle along on a iniscule pesion，struggling to make ends meet．If ther妾was any bloody justice，peopie would be able to fly over pigeons．

Thus I think that the＂eider mags during the period I and Bart were working for Joe，from 1950 to 195 名 were the very best muscle mags EVER put out and that ges for the mags ALI OF THEM－－－published today．herewas a down to earth，clean，quality about them he has never had since and cant hope tp recapture．Yes，I wrote IHOUSANDS of articles．But who knows or cares now．

As for writers，I asume you mean muscle magwriters．Taking this to be so， I hadr no hesitation naming the men $\perp$ regard as the very Top three．They were Wally MacManus，Me，then Harry Paschall and，possibly Jiedermann，but IItihikKarl was bist when he chatted．IETS GOSSIP：In other stuff hewas too rigid，too unable to accept new ideas．Willoughby was agood TEACHER in that he had sources of historical signifinance．But as a writer he vas too rigid，too opinionated and if you didnt believe what he said than you vere on his Shipt list．He was dull，but he new his stuff．

As to other miters workingfor Joe at the thme Iwas there．Well there were a couple of tham who turned me pea green with envy and wishing I had therir expertise．Therews Jimy Breslin，maRtin Caidin，fred someone orp the other， Bill McComack，Bill Wise and Eddie Borden．Of thelot o these Fmmy Deslin and Bill MaCormark stand out as IIP TOP wtiters．herewas alsobob Musel， a top newpaper writer and Foreign correspondent，but so far as uscle writers go Wally and + were thr BEST．I am not blowing ray horn hee．Waly，the firgt time he $-V / R$ ubittd an andele to a mag，$\eta$ id to to SATURDAY EVE NING POST and i Das acepted at once．How I wished I cald have done that．

I think tat of＇s first protein supplements were made by some Bloke named ciroderick．Where voe raked him up rrom I dont know．

Joe may be teling the truth when he says he cant remember any writing on the bak of thesbel he sent to the York Yokels．Or else he is delberatly，thr uncosciosly，thirusting it below the surface－－－unpleasant memories or else realising he may have shoved his foot into his mouth．It may very well be that joe vrote words of praise．I sem to dimly recall Hoffie saying Joe had thanke thamfor being Hoffie＇s pupil，but cant recall details．

The fie joffeud vas a load ofbloody nonsense and my attidude to it was to tell Joe to stow，it just collect all that noffie said and when hehad

