

baseball and ~~what~~ have you.

Ah me.

Summing it all up, it seemd the wunderkind got his rocks by shafting others, and inso doing, felt he was proving and showing how superior he was ~~to~~ others and , also, in so doing, getting his reange for all he has sufered as a kid. But wat the hell. All water under the bridge now I guess.

The fellow's name in Australia is

SYD HURST,
PO Box 99
Bayswater,
Western Sustralia, 6053

I ~~hav~~ already mentioned you to Syd and given him your address, and it is possile he may havecontated you by th e time you get this.

~~how~~ Syd is a Londoner, a good old cockney cock like me and a good bloke. Very best.

He and misse ~~moody~~ to Australia at the end of the last war and ~~hav~~ lived there ~~ever~~ since. He is now reired, around 66 ears of age and is moving back to England soon. (Poor old sod. He'll be sorry he didnt say in Aussie.) He has been collecting for ~~many~~ years. He is one of the many who constantl ~~v~~ages meto " WRITE YOUR LIFE STORY. "

Re the dead lift. The way it USED to be done in the UK came not from Bill ullum but from the BAWLA. At the time Pullum ~~shoed~~ out his book "Weight Lifting made easy and interesting " in it he did a recap of all the lifts recog ~~ny~~ By the BAWLA for competition and ~~reco~~ breaking purposes.

In these days, one could take the bar ff the floor in the two hands dead lift, pause at the knees, rest the bar, firm the grasp on the bar or even switch hand drip ~~oo~~ the ~~over~~ and under grip was used --- and then complete the lift. Now it is one straight pull. I see no particular advantage one wa or the other. ~~Stress~~ on the knees was horific.

Best and all tat. Again, most interested in our thoughts on Joe's ltter,

kid regards toyu and yours,

Handwritten scribble

Without shame and with a great deal of pride I say I did more for him in ~~the~~ days who ~~had~~ recognition and acceptance more than ~~any~~ else for ~~the~~ anyone else I can think of in his organization. ~~It~~ it ~~had~~ been for ~~me~~ how ~~is~~ never ~~at~~ that time, ~~you~~ ~~had~~ the food ~~and~~ equipment ~~business~~. And THAT is ~~story~~ in itself. I invented the MUMI POWER MACHINE ~~and~~ the SHORT RANGE POWER TRAINING PRINCIPLES, which ~~be~~ ~~now~~ ~~are~~ ~~grabbed~~ for himself ~~and~~ as his own "inventions," ~~and~~ ~~this~~ ~~is~~ ~~another~~ ~~of~~ ~~his~~ ~~facts~~. In fact I wouldnt be surprised if one day he didnt claim to have invented condoms