



Physical Culture Venus
1948

Abbye Stockton

Box 711
Santa Monica, California

April 9, 1987

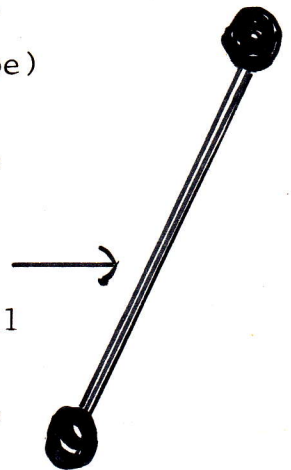
Dear Joe,

Here it is over a year since your last letter, which I meant to answer long ago.

We did receive your Issue #11 Feb/Mar 1987 News & Gossip, which was very interesting. Thanks for sending it.

In your letter you asked about the globe-type barbells or dumbbells. In the 1930s while Les was attending UCLA he found and purchased several weights of that type from ^aLos Angeles second hand store. Since then, of course, he sold most of his old weights, etc. but still owns a pair of Milo (globe-type) dumbbells. He used them extensively over the years, although we didn't have them in our gyms. They were always a favorite with him for his own personal workouts.

We use to have a solid 40 lb. barbell with solid round shaped ends (not the best description), and maybe we still have it stored away in our garage. The bar was probably two feet long - I use to do exercises in the house with it, so I know the bar wasn't too long. In fact Les bought lots of solid dumbbells over the years, but, of course, we haven't kept hardly any of them, as we don't have a place for them anymore, as storage in our garage is limited.



Thanks again for your interest, and will look forward to hearing from you again. Certainly won't be so long in replying next time.

Sincerely,



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Woman's Editor of "Barbelles"
Strength and Health Magazine

1944 -1954

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