

4008 Ramsey Avenue, Austin,
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January 28th, 1990.
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Bar Joe,

Thanks fr your letter dated Janary 24th, post dated January 25th and here on the 27th.

I am at a loss to know what mag you refer to, and ou say I am now writing for. Pray tell what is the IGH. I hav new heard of it.

I am sure you refer to the opus published by La Biffola and La Toddola which the Reverend tells me is da out some tie in February. True I have contributed a sall item about Hack and Jim Fedley and Aston, but no full length affair.

I am ow determined NOT too, ever again, contribute anything for FREE. My tme is limited and any laboror is worthy of his hire. A fairdays pay for a fair days work and no more my sucking in the tales of poverty which all these mag ublishers love to adorn their listeners ears with.

Now for theaws.

There is a RUMOR and I stress ths--- that Frank Leight the 1940 (was it?) Mr America winner has leukemia. No way of knowing if this is true but it seems to be a persistant rumor.

Angal Spasov is now resident in sustin and teaching strength coaching at the Universty of Texas and Austin cummity College. He is sd to be here for r a yar but mthinks the stay will be MUCH longer.

I do NOT buy thisblokes theory that the step up is superior to the back squat and am a little afraid that he is teaching this and getting many people to accept it as g ospel. Too many caveats here. He claims it eliminates all lower back and knee probems, forgetting that there are thousands of blokes who have used squats and never experienced trouble, just as there are as many who have NEVER used it and HAVE had trouble.

As for James ~~Huns~~ passing. That is all I know, but I have contacts and will get tamto show further into it for young pass along thersults. Thank you Chas. Your're welcome Joe.

He was, as you my know from your old H&S's and the Maxalding Courses, featured in both as a gruppelist. My contac w th him were nil and jst tental.

I am sure that The Reverend will be able to supply you with the dead of Warren Lincoln Trais since I have seen an obit among the Trais stuff we have at the Colletion. Ask him.

As for my knowledge of the British Scen, my same of the American is just as strong if not more so.

Re Kimon Voyages. It would seem that he and his family were gathered around the festid board Xmas day, all having a good time, when Kimon suddenly comapling of a very bad dizziness. No doctor around that day so they take him to emrgeny of a loal Hospital. Kimon is exained and told THERE IS NOTHING WRONG WITH HIM, but they will keep him in overnight for obseration. They msconce him in a room and bed where his fmlly stays with hm, Kimon telling them he now