

Apr 28, 1962 Mr. Connecticut: New Haven

1. John Benefield

123	Stan Bennett	155-155-205 = 515	
	Bill Clachrie	155-145-175 = 475	
132	John Scollo	175-185-245 = 605	
	Bill Buratti	170-180-220 = 570	
	Francis Mola	135-150-210 = 495	
	Bob Hotchkiss	150-145-190 = 485	
148	John Varrone Jr	180-190-265 = 635	
	Earl Mifflin	195-195-245 = 635	
	Mario Anzalone	155-175-230 = 560	
	Joe Castango Jr	135	
165	Ralph Cjjaradia	240-235-305 = 780 BL	
	Ray Hartley	190-185-255 = 630	
	M. Mazzerelli	205-185-240 = 630	
	Lance Hart	190-180-240 = 610	
	Lenny Pietrafesa	185-185-240 = 610	
	Ray Thibodeau	175-165-000 = 340	
181	John Healy	225-235-275 = 735	
	Gilbert Moon	220-225-275 = 720	
	Michael Levy	200-205-245 = 650	
198	Dan Figuenick	235-225-310 = 770	
	John Morley	240-230-290 = 760	
	Frank Gancarz	240-205-280 = 725	
H	Arnol Biassey	300-260-330 = 890	
	Fred Jackson	250-250-340 = 840	
	Kevin Callahan	260-235-300 = 795	
	Leonard Rendino	205-200-250 = 655	re LN 5-62 p 4

Apr 28, 1962 Northwest Open WL St. Paul at Downtown YMCA

123	Nate Pearlman	170-145-185 = 500	
	Gary ALEXander	125-115-170 = 410	
	Tom Haggenmiller	125-125-155 = 405	
132	Pat Comer	145-145-185 = 475	
	Tom Booth	145-140-165 = 450	

148	J. Freudenberg	240-200-270 = 710
	Ray Hamilton	190-195-250 = 635
	Steve May	195-180-240 = 615
165	Pat McDermott	200-215-290 = 705
	Victor Zahn	210-200-275 = 685
	J. Nuedling	210-205-270 = 685
	R. TeGantvoort	185-195-245 = 625
	Alvar Ahola	200-180-240 = 620
	Joe Fitch	160-180-225 = 565
	Jim Hankins	155-155-210 = 520
181	E. Kuban	245-230-295 = 770
	Jack Kahl	225-225-300 = 750
	Bob Jensen	225-210-265 = 700
	Al Atamanchuk	195-200-255 = 650
198	R. Pembroke	270-245-330 = 845
	George Williams	270-240-330 = 840
	Marshall Quelch	270-225-290 = 785
	P. Broderson	240-225-295 = 760
H	Norman Rauch	275-250-325 = 850
	Ed Miller	230-225-310 = 765
	annc SH 3-62 p 10; LN 3-62 p 5 re LN 9-62 p 8	

Apr 28, 1962 Mr. Michigan: & State WL Detroit at Northeastern YMCA

1. Gil Demeglio
2. Mike Zoran
3. Joe Sgroi
4. Mike Trojan
5. Bob Rybinski

123	Fritz Wilkins	175-160-220 = 555
	Wayne Oyafuso	180-145-210 = 535
	Gary Nickel	145-155-210 = 510
132	Gary Lewis	195-170-220 = 585
	Barry Berlin	180-165-230 = 575
	Roy Berlin	185-155-200 = 540
148	Steve Mansour	260-225-285 = 770
	Ted Begeman	215-195-275 = 685
	Bob Cortez	210-190-245 = 645
	Juergen Kasprick	195-190-245 = 630

165 Joe Puleo 275-240-330 = 845
Don Jennette 215-200-255 = 670
Ray Nagy 210-205-000 = 415

181 Bob Hendrick 255-220-310 = 785
Ed Kilbourne 230-210-290 = 730
Bob Daigle 230-210-285 = 725
Nick Gravila 230-215-275 = 720
Rick Giofu 205-190-260 = 655
Jim Donegan 210-205-275 = 690
Bill Snell 250-210-000 = 460

198 Gil DeMeglio 290-250-330 = 870
John Forsyth 290-230-310 = 830
Leo Marcyk 240-215-280 = 735

H Art Lappin 290-240-325 = 855
Bill Stiff 280-220-280 = 780
Tom Wiseman 285

extra lifter Norb Schemansky 390-360-410 = 1160 snatch actual 362, world record
re SH 9-62 p 62 LN 3-62 p 3

Apr 28, 1962 Southwest WL Chps at Sokol Gym Dallas
Mr. Southwest USA: 1. Tuny Monday

123 Boo Allen 135-130

132 Mike Brown 205-190-260 = 655
Pablo Gomez 190-150-220 = 560

148 Mike Puddington 185-185-225 = 595
J.D. Daggs 190-165
Tom Koch - - -

165 Ross Heard 230-205-275 = 710
Carlos AVila 230-205-275 = 710

181 Bill Starr 235-215-290 = 740
Jim Rochelle 210-215-300 = 725
Frank Gibson 230-200-270 = 700
Harrell Holly 210-200-260 = 670

198 Gerald Travis 245-210-295 = 750
Fred Mullin 240-210-000 = 450

H Nat Heard 315-260-350 = 925 BL
annc SH 2-62 p 10 re LN 5-62 p 4 re PhyPow 5-61 p 14

Apr 28, 1962 Rocky Mountain Regional WL at Denver Central YMCA

123 Roger Heflin 135-125-165 = 425
Frank Staley 115-120-155 = 390

132 Les Balazs 165-150-225 = 540
Steve Bjork 115-130-165 = 410
Greg Beringer 115-125-165 = 405

148 Rich Holder 160-170-225 = 555
Doug Power 175-160-190 = 525
Ron McBirney 155-155-210 = 520

165 Desmond James 220-190-240 = 650
Bob Hall 185-180-250 = 615
Ken Zents 170-190-225 = 585
Phil Padilla 185-160-235 = 580
Tom Blecha 170-160-215 = 545
Ted Beringer 160-160-220 = 540
Don Booth 230-225-000 = 455
Randall Schamberger 210-000-230 = 440
Angel Padilla 185-170-000 = 355

181 Norman Tolleson 215-195-285 = 695
Bob Ring 240-185-270 = 695
Paul Johnson 240-180-250 = 670
Bob Kirschling 220-185-235 = 640
Paul Dumont 200-180-250 = 630
Bob Stadler 195-180-240 = 615

198 Charles Jones 230-255-300 = 785
Paul Wachholtz 245-215-285 = 745
Ivars Mankow 215-210-280 = 705
Mike Hooper 210-170-255 = 635
Lance Baugh 165-175-210 = 550

H Russell Murphy 230-215-285 = 730
Al Inwood 215-180-235 = 630
Ray Tipton 250-235-000 = 485
Stan Odlum 235-220-000 = 455
Roger LeBouef - - -

Apr 28, 1962 Mr. Great Lakes: & WL Erie, PA
when: Mr. Illinois 1962: at Erie YMCA

1. Bob Gajda
2. Miles Wilson mm
3. Dave Walters

123 Dick Krell 225-200-250 = 675
132 Russell Knipp 245-200-265 = 710
148 Wallace Muro 220-215-270 = 705
165 Don Cousino 220-255-310 = 785
181 Wayne Gaffron 290-230-320 = 840
198 Hal Esterbrook 265-225-315 = 805
H Wally Sunderman 300-240-320 = 860
annc SH 2-62 p 10 re LN 9-62 p 7

Apr 28, 1962 annc HS 3-8-62 p 37; re HS 5-31-62 p 38 at Beaumaris

Mr. North Wales:

1. John Owens
2. Idwal Jones
3. Tony Jones

Jr. Mr. North Wales:

1. George Williams
2. Tony Nicols
3. Christopher Stockton

Mr. Caernarvon:

1. Idwal Jones
2. Gwlfai Pritchard
3. Trefor Jones

Jr. Mr. Caernarvon:

1. George Williams
2. John Emlyn
3. George Paine

Apr 29, 1962 Drorit Kernes

Apr 29, 1962 IFBB Mr. World in Chicoutemi, Canada

A: short:

1. Jose Castaneda Lence
 2. Jay Gonzalez
 3. Rudolph Beecham
- George Orlando mm

B: tall:

1. Jean Charles St. Mars
2. Andre Depere
3. Yvon Vallee

Gaston Bernard mm

IGNN Mr. North America:

1. Yves LaFontaine
 2. Henri DeCourcy
 3. Robert Courture
- Charles Harve mm

IFBB Jr. Mr. North America:

1. Gaetan D'Amours
2. Theo Tremblay
3. Maurice Levacher

Andre Rivard mm

J. Michaud re MB 11-62 p 11

Apr 30, 1962 Cathy Stone

May 3, 1962	Health & Strength	David Stroud, BRENDA SELL
May 17, 1962	Health & Strength	BRENDA SELL
May 31, 1962	Health & Strength	CHRISTINE BAMFORD
May 1962	Lifting News	unknown
May 1962	Mr. America	Chuck Sipes
May 1962	Muscle Builder	Ed Theriault
May/June 1962	Physical Power	Don Howorth, Chuck Pranke, 3 others
May 1962	The Strength Athlete	Gary Gubner
May 1962	Strength & Health	Vic Nicolletti
May 1962	Tomorrow's Man	Steve Reeves

May SH p 23 Henry Steinborn photo with son Jr. and Dick at his gym 2317 N. Orange Ave in Orlando, FL.

when? Westchester County WL chps

123	Victor Rodriguez	200-170-230 = 600	
	Jim Henry	160-145-205 = 510	
	Bill Kane Jr	135-155-200 = 490	
132	Carry Hanson	185-185-265 = 635	[Gary Hanson?]
	Ed Candelario	175-160-230 = 565	
148	Bill Kowaloff	225-220-300 = 745	
	Ray Pamulo	220-210-260 = 690	
	George Goldner	180-185-260 = 625	
	Francis Murray	185-180-245 = 610	
	Norman Jannacone	180-170-225 = 575	
	Jim Alkins	175-170-220 = 570	
	Vin Cipolla	180-155-225 = 560	
	John Mokos	160-165-230 = 555	
165	James Curry	250-200-275 = 725	
	Reuben Smith	230-210-270 = 710	
	Vin Paghansse	175-190-250 = 615	
	John Parisella	175-185-230 = 590	
	Martin Murray	190-175-220 = 585	
181	Barry Senate	220-220-265 = 705	
	Vic Ravarado	225-180-230 = 635	
	Fred Berger	175-175-240 = 590	
198	Joe Saguto Jr.	290-255-340 = 885	
	Webb Starling	190-170-230 = 590	
H	Adam Swirz	230-225-290 = 745	
	Bob Wagner	260-210-270 = 740	re SH 9-62 p 60

