

Nov 18, 1961 Open Teen Wl, Elechtchester

123	Mike Tepedino	150-135-180 = 465
	Art Thorp	125-135-175 = 435
	Peter Rawluk	130-125-150 = 405
	Charles Limmer	120-120-140 = 380
	Tony Gagliano	115-115-140 = 370
	Jim Meier	110-105-145 = 360
	Tom Ceci	105-100-130 = 335
132	Fred Cerullo	200-185-230 = 615
	Gary Bednarski	170-170-235 = 575
	Bill Buratti	155-165-210 = 530
	Dick Gerstenzeng	140-165-215 = 520
	Alex Parzych	130-125-175 = 430
	Ralph Cudak	135-125-160 = 420
148	Paul Guzman	170-175-245 = 590
	John Varrone	175-180-235 = 590
	Martin Murray	180-165-220 = 565
	John Rodi	175-155-220 = 550
	Tony Longitano	170-160-215 = 545
	Fred Bruno	140-145-195 = 480
165	Joel Jessinowski	205-190-230 = 625
	George Scherer	170-175-225 = 570
	Lance Hart	170-175-225 = 570
	Steve U'Glax	170-165-220 = 555
	Tony Graziano	155-150-210 = 515
	Jack Panzica	155-150-210 = 515
181	Bob Bednarski	235-230-300 = 765 age 17
	Paul Mirabella	180-200-280 = 660
	Jack Martell	205-200-255 = 660
	Bob Smolen	190-185-250 = 625
	Mike Limmer	180-180-225 = 585
	Sal Rappa	185-170-225 = 580
	Chris U'Glax	160-145-190 = 495
198	Frank Benedetto	250-210-260 = 720
	Dan Figuenick	230-200-280 = 710
	Art Cassavant	220-210-275 = 705
	Eric Weissbrot	205-190-240 = 635

H Frank Gancarz 225-200-265 = 690
 Bob Wagner 230-190-250 = 670
 Tom Lindstedt 185-175-220 = 580
 Steve Post 160-165-205 = 530
 win annc SH 10-61 p 12 re SH 4-62 p 60 LN 12-61 p 8

Nov 18, 1961 3rd annual Eastern States PL Boston two arm curl, bench, deadlift

Mr. Iron Man:

Under 5'8":

1. Nate Harris
2. Bob Berry
3. Francis Ritacco

Over 5'8":

1. Len Bosland
2. Joe LaPorte
3. William Carpenter

Class	Name	Sq	Prone	DL	Total
123	G. Guimont	275	165	375	815
	B. Brindel	125	110	230	465
	W. Ranson	120	105	210	435
132	H. Raker	240	215	475	930
	John Scollo	300	180	430	910
	D. Quail	285	210	415	910
	R. Theriault	255	225	415	895
	B. Brindel	220	190	325	735 (cf 132 class)
	L. Poitras Jr	205	155	345	705
	R. O'Brien	175	130	250	555
148	Peter French	355	280	500	1135
	B. Loiacano	340	215	490	1045
	J. Marchionda	345	225	415	985
	J. Ciarlone	300	200	425	925
	W. Hallenbeck	240	200	450	890
	B. Neville	275	190	375	840
	J. Freitas	255	205	370	830
	R. Laura	240	220	350	810
	B. Blacker	225	180	370	775
	J. Gannon	225	175	350	750
	L. Baker	175	155	300	630
E. Bistany		only did DL	550	550	

165	N. Harris	405	260	590	1255
	J. Benefield	370	340	500	1210
	J. Champion	370	260	500	1130
	Ralph Chiaradia	415	230	470	1115
	R. Bolender	340	300	465	1105
	C. Buking	370	315	415	1100
	R. Ranson	225	200	425	850
181	A. Burgess	420	285	535	1240
	B. Cox	370	225	545	1140
	L. Cornell	370	225	540	1135
	J. MacNemara	385	300	450	1135
	G. Moon	385	285	430	1100
	P. Bryant	330	225	500	1055
	R. Gariepy	315	190	420	925
	H. Rothfarb	350			350
	J. Mansour	-	-	-	-
198	R. Ceccoli	465	275	550	1290
	F. Porter	385	320	550	1255
	Carl Calcutta	410	290	525	1225
	J. Laport	415	340	450	1205
	A. Arsenault	350	280	475	1105
	S. Lacourt	275	290	425	990
	A. Sheinker	320	200	425	945
	L. Foti	-	-	-	-
H	G. Giddings	490	375	580	1445
	B. Backus	430	320	530	1280
	D. Ward	405	240	460	1105

annc SH 12-61 p 10; LN 9-61 p 4 re SH 4-62 p 59 LN 12-61 p 8

NOV 18, 1961 TRI-STATES OPEN accord to SH 12-61 P 10 of NOV 26

IN LOUISVILLE OR PASSAIC. beetter check all this mess!!!!

Nov 18, 1961 Gulf Coast Individual PL Chps in Houston YMCA

Class	Name	BP	SQ	DL	Total
150	Jon Parsons	235	330	420	985
	Ed Blum	230	315	420	965
	Carl Flanagan	160	245	330	735
	David Gross	250			250
	Dick Phillips	225	285	000	510
	Neil Gauthier		330	340	670
	Gable Boudreaux		310	340	650

172	Don Reeder	275	400	475	1150
	Ross Heard	260	320	360	940
	Dick Spradlin	305			
	George Ross	285			
	Buddy King	275			
195	John Paulsel	295	400	420	1115
	Jim Walts	295	320	400	1015
	Nicolas Iglecia	330		450	780
	Fred Mullin	290	375	000	665
	Gene Cates	275			
	Ed Johnson	250			
H	Nat Heard	350	450	575	1375
	Jim Witt	290	425	510	1015
	Bob Copeland	425			
	Travis Wynne	375			
	Daryl PArker	250			

re LN 1-62 p 8

when? BP contest in Salt Lake City

123	Max Christofferson	150
	Larry Hull	215
132	George Hutchings	235
148	Tony Martinez	225
	Byron Hutchings	230
	Sheldon Bon	170
165	Gene Heath	240
	Buddy Knight	235
	Dean Cornwell	220
181	Hans Latchkowski	340
198	Ray Neeley	350
H	Sig Latchkowski	350

re LN 12-61 p 8

Nov 18, 1961 Yorkshire division annc HS 9-21-61 p 47 re HS 12-28-61 p 40
re HS 11-30-61 p 36

Mr. Yorkshire:	Jr:	Miss:
1. Eric McClarence	1. David Taylor	1. Norman Walker
2. Geoffrey Whitaker age 29	2. Trevor Sunderland	2. Pauline Simpson
3. Jum Hemmingweigh	3. Robin Story	3. Adrienne Gregory
4. Terrence Newby		

Jr. Miss Yorkshire:
1. Chrintine Sanderson
2. Pat England

Nov 19, 1961 Michigan State vs Astro WL Club, East Lansing
Michigan State 2199 pts; Astro WL Club 2136 pts re SH 3-62 p 11

Nov 24, 1961 Civil Services Amat WL annc HS 11-30-61 p 33 re HS 12-28-61 p 33

Nov 25, 1961 Physique: Phila YMHA & YWHA Open Novice

		1. R. Serrano
		2. A. Sierra
		3. T. Helms
		4. S. Sanford/Sandford
		5. Fr. Jankowski
123	K. Wattes	140-115-170 = 425
	P. Corey	140-115-155 = 410
	R. Boyle	105-105-155 = 365
132	B. Kallen	140-125-155 = 420
	R. Gentile	130-115-150 = 395
	S. Sadler	130-120-145 = 395
148	M. Havens	170-185-235 = 590
	E. Milano	165-165-225 = 555
	R. Frantz	150-150-200 = 500
165	G. Woodraff	185-185-260 = 630
	J. Dundow	190-180-245 = 615
	G. Scherer	180-190-240 = 610
181	L. Bieri	215-200-285 = 700
	D. Siderio Jr	205-200-250 = 655
	E. Russell	190-190-250 = 630

198 S. Dirvin
P. DuMortier
J. Story
re SH 4-62 p 63

225-190-275 = 690
210-250-215 = 675
130-125-170 = 425