

Mar 9, 1961	Health & Strength	Paul Smit
Mar 23, 1961	Health & Strength	Lud Shusterich
Mar 1961	Ironman	Zabo Koszewski
Mar 1961	Lifting News	Paul Anderson
Mar 1961	Mr. America	Chuck Sipes
Mar 1961	Muscle Builder	Tony Bartoli
Mar/Apr 1961	Physical Power	Chris Knott
Mar 1961	Physique Pictorial	Bob McCue [Bob McCune?]
Mar 1961	The Strength Athlete	G. Veres
Mar 1961	Strength & Health	Lloyd Lerille
Mar 1961	Tomorrow's Man	Larry Scott

when? 1961 Mr. Michigan YMCA:

1. Gil DeMeglio
2. Duke Yoon
3. Bob Balderrama re LN 4-61 p 8

Mar___ 1961 when U of Nebraska Intramural PL contest re SH 8-61 p 65, LN 4-61 p 8

Class	Name	BP	Sq	DL	Total
123	Faber Jenkins	185	200	305	690
	John Karrer	110	185	285	580
	Bob Fackelman	-	140	-	140
132	C. Szmreczanyi	230	270	360	860
	Stan Stolt	160	225	300	685
	Truman Berry	110	150	260	520
148	Dick McCoy	225	260	375	860
	Herb Grossman	175	235	355	765
	Gary Peterson	175	230	355	760
	Dale Bjorkman	165	215	315	695
	Gordie Almquist	135	190	260	585
	Harold Hughes	140	170	-	310
165	Dennis Barton	240	325	450	1015
181	Pablo Kirven	265	425	450	1140 OL
198	Vic Saba	280	300	465	1045
H	Steve Marx	230	400	490	1120

Mar 2, 1961 Sean Paul Jenkins born

Mar 4, 1961 Northwest Odd Lift Houston annc SH 1-61 p 10 at NW YMCA

Mar 4, 1961 Mr. Teenager: Open Teen WL Pittsburgh at Boys Club

	1. Sam Stamoulis	88	
	2. Ron Matteucci	87	
	3. Frank White	74	
	4. Russell Knipp	71	
	5. James Cole	63	
	6. James Dietrich	60	
	7t Lanny Kraszewski	59	
	7t Tom Ferencek	59	
	8. Gerald Salac	54	
	9t Ronald Volpe	51	
	9t Dave Blose	51	
	10. Charles Poole	50	
	11. Edward Phillips	44	
123	Dave Gellner	185-170-220 = 575	
	Vincent White	160-125-175 = 460	
	Joel Greenberger	125-130-175 = 430	
132	Bill White	200-170-240 = 610 BL	
	Russ Knipp	170-170-220 = 560	
	John Grzegorzcyk	160-150-225 = 535	
	Ken Healey	175-150-205 = 530	
	Ian Tanowitz	140-160-195 = 495	
	David Greene	135-115-165 = 415	
148	Robert Squires	205-185-260 = 650	
	Frank White	220-170-240 = 630	
	Mickey Deitz	220-170-240 = 630	
	Reaven Chernoff	160-180-230 = 570	
	Bob Kowalski	180-150-215 = 545	
	Steve Phillips	155-135-185 = 475	
165	John Snizik	200-180-225 = 605	
	Doug Beaver	190-165-195 = 550	
	Frank LaSeta	160-155-210 = 525	
	Ray Heitger	135-145-185 = 465	
181	Ron Matteucci	230-190-260 = 680	
	Jin Cole	215-200-240 = 655	
198	Ronald Volpe	235-195-250 = 680	

annc SH 1-61 p 10; LN 6-60 p 5

re SH 7-61 p 12

Mar 4, 1961 NEAAU Open Teen and Little Samson at Beverly Y; annc LN 1-61 p 3

"Two lifters of note are Garry Bednarski, 14, and his brother Bob, 16. Both employ the squat style in the quick lifts and as you can see, both are record makers."

Bob Bednarski in 181: 225-225-280= 730 for win re LN 4-61 p 6

Little Samson under age 14:

Winner D. Lincoln

Teens:

123	Gary Bednarski	145-150-210 = 505
	R. Conway	150-135-185 = 470
	G. Williams	110-115-150 = 375
132	B. Buratti	155-155-200 = 510
	B. Buratti	155-155-200 = 510
	J. Vickery	140-145-200 = 485
	B. Laycock	135-130-190 = 455
	D. Doherty	125-135-185 = 445
	J. Troy	145-130-165 = 440
148	D. Turgeon	195-200-260 = 655
	J. Brogan	170-180-240 = 590
	H. Burton Jr	180-170-230 = 580
	N. Israelson	180-165-215 = 560
	C. Smith	170-150-215 = 535
	R. Rouse	180-145-205 = 530
	R. Dufault	155-155-195 = 505
	B. Cann	145-150-210 = 505
	J. MacDonald	145-155-195 = 495
165	A. Keene	200-180-240 = 620
	L. Kelly	190-175-255 = 620
	C. Lincoln	200-175-240 = 615
	R. Fredette	175-160-230 = 565
	V. Brunni	160-155-220 = 535
	C. Alboth	165-150-205 = 520
	B. Ferrazzano	165-145-195 = 505
	S. Hoff	155-140-200 = 495
	J. Gauthier	135-125-155 = 415
	M. Glennon	195-175-000 = 370
181	Bob Bednarski	225-225-280 = 730
	G. Kokoras	190-225-280 = 695
	B. Lewis	200-205-275 = 680
	D. Callahan	190-160-225 = 575
	A. Bridges	160-155-205 = 520

198	R. Dean	195-175-225 = 595
	E. Ryan	175-165-225 = 565
	L. Jachrino	150-150-205 = 505
H	C. Cook	235-200-300 = 735
	P. Wilson	160-160-210 = 530

Mar 4, 1961 Mr. Delaware Valley: Mr. Wilmington: & WL

	1. Bill March 64	1. George Hull 63
123	Bob Sacher	135-155-210 = 500
132	Lennell Shephard	190-200-230 = 620
	Frank Denton	175-180-225 = 580
	Albert Poroski	165-160-200 = 525
148	Paul Goldberg	255-230-305 = 790 BL afternoon
	Vincent Paghense	180-195-255 = 630
	John Vernacchio	200-180-240 = 620
165	Leonard Waxman	245-255-325 = 825
	Allen Palmer	225-230-300 = 755
	Lionel McCollin	230-230-290 = 750
181	David Shanken	235-245-320 = 800
	Dominic DiSanto	225-215-280 = 720
	John Baraniecki	215-210-270 = 695
198	Bill March	280-255-350 = 885
	Dick Durante	250-225-300 = 775
	Bill Helm	225-235-295 = 755
H	Dick Zirk	340-325-405 = 1070 BL evening
	Stanley Cheiftez	290-270-340 = 900
	Ed Riley	290-260-320 = 870

annc SH 3-61 p 10

re SH 8-61 p 11

Mar 4, 1961 Metro Teen WL McBurney Y, NYC

123	Frank Cerullo	165-150-190 = 505
	Tony Gagliano	110-110-145 = 365

132	Paul Guzman	160-155-220 = 535
	Mark Padnos	160-155-205 = 520
	Sal Garzino	150-155-195 = 500
148	Dick Marotto	190-170-240 = 600
	Ed Oberland	160-165-220 = 545
	Martin Murray	170-140-195 = 505
	Charles Botto	155-135-210 = 500
	Tony Lowghitano	150-145-205 = 500
165	Ted Muzio	235-220-300 = 755 OL
	Art Braverman	215-205-270 = 690
	Dick Sanders	190-190-245 = 625
181	Harry Rosen	245-210-285 = 740
	Vic Schreiner	220-195-285 = 700
	Neil Oransoff	180-180-260 = 620
198	Tom Moffett	220-230-285 = 755
	Tony Genovese	200-200-260 = 660
	Bob Wagner	220-190-245 = 655
H	Tom Lindstedt	180-170-225 = 575

annc SH 4-61 p 10 re SH 8-61 p 11 LN 4-61 p 7

Mar 4, 1961	Mr. Alabama:	Mr. Alabama High School
	1. Ronnie Russell	1. Ken Buck
	2. Ed Decker	2. Billy Parker
	3. Billy Joe Barrett	3. Gene Jones
123	Richard Spencer	125-115-145 = 385
	John Shephard	120-110-145 = 375
	Denis Campbell	105-085-130 = 320
132	Bill Raeuber	155-135-190 = 480
	Pat Mullins	135-130-185 = 450
148	Ronnie Russell	205-180-215 = 600
	Billy Parker	155-160-220 = 535
165	Hugh Morgan	210-195-255 = 660
	Bob Rieves	185-195-230 = 610
	Russell Polhemus	200-165-240 = 605

	Larry Browder	195-170-235 = 600
	Jimmy Johnson	170-165-225 = 560
181	James Clark	250-230-300 = 780
	W. Tucker	180-175-230 = 585
	Gene Jones	170-165-225 = 560
198	Charles Couch	255-220-290 = 765
	Bill Boyette	195-210-265 = 670
	Pete Hanna	220-190-260 = 670
	Lawrence Merrell	000-165-250 = 000
H	Russell Gray	225-150-220 = 595
		re SH 9-61 p 12, 61 LN 4-61 p 7

Mar 4, 1961 Warm-Up WL Hawaii at Puunene Gym

123	Nelson Yogi	190-195-250 = 635
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132	Fred Nisihiyama	150-150-200 = 500
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	Dick Nakama	165-160-210 = 535
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	Dick Okamura	140-140-200 = 480
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148	Cornelio Cabigas	195-170-230 = 595
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	Yoshishige Ishkawa	195-200-270 = 665
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re LN 3-61 p 5

Mar 4, 1961 Mr. Thames Valley annc HS 1-26-61 p 46

Mar 5, 1961 Alq Gurley born