

Before The Iron Rusted, a chronology of the 1960s compiled by Joe Roark

annc= announced, re=results, OL=outstanding lifter, BL= best lifter, MIL most improved lifter, # = paragraph(s)

1. Please note some magazines were bi-monthly and will be listed every other month.
2. I have included some events for which I lack exact dates but were reported in issues of magazines which make it likely - but not certain- they fit in the time frame. In Lifting News magazine, for example, editor Peary Rader bemoaned that some contest reports arrived in his office several months after the events had happened.
3. If you see a date as for example, Jan 11/12 this means I have seen each of those dates attributed to what happened.
4. I have not listed numerical placings in lifting contests because it was unclear in so many cases whether three men for example who totaled, say, 680 lbs were literally tied because they weighed exactly the same bodyweight, or were listed in the proper placing orders from lightest bodyweight to heaviest.
- 5.. One of the reasons I am releasing this document now is so that those who can help fill-in the details I am missing, may in fact offer to supply it.
6. I realize that many of the names listed here will not be names you may know, so please read this for the parts you are aware of and treat the other sections as something that you may pursue in your private study.
7. Some events were announced, but I have been unable to find any reports for results, so I have included the announced dates hoping a reader may be able to supply details.
8. Most of all, ENJOY! We have a marvelous iron history so let's review, in order, some of the events of the 1960s!

Jan 14, 1960	Health & Strength	Jim Saunders
Jan 28, 1960	Health & Strength	Bryan King
Jan 1960	Lifting News	Paul Anderson, Charles Staunton, Goldberg, Ken Stoller
Jan 1960	Man's World	Ed Byrnes, Wayne Hunt
Jan 1960	Mr. America	Larry Powers
Jan/Feb 1960	Physical Power	Bob Gutkowski
Jan 1960	The Strength Athlete	Fred Williamson
Jan 1960	Strength & Health	Earl Clark, WIFE (name?), son
Jan 1960	Zing	Buddy Johns

(please use the abbreviations of the above mags to decipher my codes: LN=Lifting News)

SH Jan 1960 p 50 # Chuck Fish said to bench 500 lbs

IM Dec 1959/Jan 1960 p 35 #rumor Paul Anderson quit wrestling, will now box.
cf Feb 19, 1960 and Apr 5, 1960. Was his final match November 8, 1958 when he beat
Morris Shapiro?

Jan 1, 1960 Dick Orbell turns pro. born Jan 22, 1930 HS 2-23-61 p 29

Jan 01, 1960 Stan Frydrych born
Terry Todd, age 22
Eugene Zygowicz age 43 [died Sep 23, 2005]

Jan 02, 1960 Lynn Pirie, age 10
Juanita Peoples age 46 [died Jun 15, 1997 ?]

Jan 03, 1960 Alaska had been a U. S. State for one year
Mae Jackson age 42 [wife of Andy Jackson, she died Oct 06, 2001]

Jan 04, 1960 Cory [Kneuer]Everson, age 1

Jan 05, 1960 Jeep Swenson age 3 [died Aug 19, 1997]
Les Kernodle age 3
Audrey Harris age 6
Bertil Fox, age 9
Mahmoud Shoukry age 13
Linda Wood-Hoyte age 17
Shawn Ray's father Charles age 32 [died Jul 27, 2010]
Karl Norberg, age 67/68 [died Jan 15. 1983]

Jan 6, 1960 Mickey Hargitay, age 34 [died Sep 14, 2006]
Norman J. Bedell, age 34. [died Feb ___1986]

Jan 7, 1960 Harold Sakata age 40 [died Jul 29, 1982]
Julius Johnson, age 42 [died Apr 29, 2002]
Robert Anderson age 69 (or Jan 8th?) [died Feb 12, 1964]
(Robert was Paul Anderson's father)

Jan 08, 1960 Steve Michalik, age 11 [died May 24, 2012]

Jan 9, 1960 Philadelphia Open WL at Central Branch YMCA

123 Gary Hanson 160-155-220 = 535
Albert Poroski 155-165-200 = 520
Mel Cohen 140-135-185 = 460

132 Anthony Petillo 220-180-260 = 660

	William Bertino	150-195-230 = 575	
	Sal Vernacchino	135-135-175 = 445	
148	Paul Goldberg	240-230-290 = 760	BL afternoon
	William C. Poretta	230-195-255 = 680	
	Robert L. Neff	185-195-265 = 645	
	Bud Ohr	185-185-240 = 610	
	Carmen Ranieri	175-170-250 = 595	
165	Allan M. Palmer	225-230-290 = 745	
	Dale Hartman	235-220-285 = 740	
	Len Waxman	210-230-280 = 720	
	Fred Kwast	220-215-280 = 715	
	Joe Powers	230-190-275 = 695	
	Bunch Hammond	205-205-275 = 685	
	Clarence Adams	190-210-275 = 675	
	Leonard Rivera	200-195-250 = 645	
	Pat Santillo	215-200-255 = 645	
	George A. Crawford	195-195-265 = 640	
	John Vernacchio	195-180-225 = 600	
	William Stokes	180-180-230 = 590	
	James Holt	170-145-210 = 525	
	Domenic Desanto	220	
	Frank Wilson	200	
181	Carl Stelzen	240-250-325 = 815	
	Bill March	250-235-315 = 800	
	Chris Tsoukas	225-240-300 = 765	
	John DeLong	240-215-285 = 740	
	Stan Brason	230-215-290 = 735	
	Tom R. O'Neil	220-235-275 = 730	
	Dave Bourland	210-210-285 = 705	
	John Forsythe	230-200-270 = 700	
	John Baraniecki	215-205-265 = 695	
	Steve Terefenko	250	250
	Robert Wallace	230	230
	Stephen Dixon	200	200
198	Rosalious White	260-260-330 = 850	
	Wally Underhill	240-250-310 = 800	
	Richard Durante	255-225-310 = 790	
	Martel Weckstein	255-220-310 = 785	
	Adam Swirz	230-225-300 = 755	
	John Glover	225-240-000 = 465	

H Dick Zirk 310 - 310 - 385 = 1005 BL evening session
Stan Chiefetz 270-250-340 = 860
Orlando Lugo 255-240-310 = 805
Ed Riley 260-230-290 = 780
Richard Crim 225-205-000 = 430
Frank Phelan 200-220-000 = 420
Norm Ranch (sic sp?) 215-200-000 = 415

annc SH 2-60 p 10 re SH 5-60 p 13 LN 2-60 p 6

Dick Zirk becomes the 9th American lifter to total more than 1,000 lbs, pho SH 5-60 p 11

Jan 9, 1960 PL contest at Boys Club in Pittsburgh at 4412 Butler St. annc SH 2-60 p 10

Jan 10, 1960 Alistair Murray age 44
Martin Higgins age 48

Jan 11, 1960 Tony Pearson age 3
Janet Tech age 3 (or Jan 21?)
Patrick Nicholls age 6 (or Dec 1?)
Timmy Leong age 33 [died May 16, 2010]
Andy Bostinto age 34
Anton Matysek age 67 [died Nov 8, 1963]

Jan 11/12 Joe & Betty Weider's 13th wedding anniversary [Joe died Mar 23, 2013]

Jan 12, 1960 Rolf Moller age 1
Tom Terwilliger age 1
Hans Hopstaken age 3 [died Apr 12, 2022]
Tomas Ajan age 21
Ray Stern age 27 [died Mar 06, 2007]
John Davis age 39 [died Jul; 13, 1984]

Jan 1960 SH p 15 photo of Lucien Luki Marcel owner of Lucky's Cultura Health Center, Atlantic, NJ.

Jan 13, 1960 Brenda Kelly age 1
Mickey Hargitay/Jayne Mansfield second wedding anniversary

Jan 14, 1960 John Brookfield age 1
Terry Albritton age 5

Jan 14, 1960 The 'Welsh Federation of Weightlifters' is formed. HS 2-25-60 p 36