

4

NORTH AFRICA, BURMA, PACIFIC

"I came to Austin in February 1958. I have now lived in the U.S. for more than half my life, having arrived here from naval discharge on George Washington's birthday 1946. I served six years in the Royal Navy, Combat duty all the time from entry until the war ended in the Pacific. I saw service in Norway, Dunkirk, Murmansk Convoy, the battle of Crete... was off the beach on D Day...service in the Mederteranean... Came out of it all without any physical scars but plenty of mental ones. I was decorated seven times. And here I am...I often feel a lot of disappointment I, who has done so much for the game in the U.S. am unknown today."

Those of you familiar with the Hoffman/Weider feud years ago may find the following statement interesting: "Weider DID NOT begin th attacks on Hoffman. It was the other way around as you will see if and when you get all the mags and if and when you visit the Collecion in Austin".

I met my wife IN NYC IN 1942.

OUTSTANDING - THE FINEST OF THEIR TIME AND STILL ARE

"A typical working day with Weider just didn't exist. Joe was always coming up with new and "startling" ideas...Joe had to have his finger in whatever was going on. HE was the boss. ...In my opinion ALL of Joe's muscle mag's were good, and a couple of his other publications. They had a more down to earth, home spun quality, a patina, if you will, of sincerity that his present mags lack. It was also my idea to use line drawings rather than pictures for exercise illustrations. I tried to get him to use lots of SPACE. This is nothing new and in fact was used VERY succcefully by the Victorian artist Aubrey Beardsley."

I was in law enforcement in Austin, and its country, Travis, for 20 years from 1958 to 1978.

Ben Weider? Didn't have too much to do with him, but regard him as the BRAINS, the "eminence gris" behind the organization. While Joe had is the business man, Ben has the organizational and executive ability."

"My best bench was 390 and when I was in my fifties and began to workout WITH again with Terry Todd, I came back so fast fast that I was up to 320 in no time flat".

Concerning squats"When I did my 500 I went ALL the way down, a la Steinborn. In the old days you not only had to go all the way down but stay there for a count of two before recoverign... ~~Sp/10W/~~ Look at some of the illustrations in Mark Berry's books and see Steinborn squatting in a contest. Right the way down. So low that if his glutes had closed over a blade of grass he would have never got up"

Concerning being interviewed for M&F or Flex: "According to dear old Joe, Rick Wayne has been on his way to interview me since the year Nod.

Files that is!

My files? They are all in my head. I have no other. I should have kept files and am a bloody fool for not so doing. I never even kept copies of all the atticles I wrote. Oh how I could revamp some of them and bring them up to date, and so make them acceptable for the modern crap- sorry- I meant crop of bodybuilders.

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