

Jul 18, 1964 Muscle Beach WL Club Powerlifting chps

Mr. Muscle Beach Weightlifting Club:

1. Ken Leslie
 2. Jim Vorus mm
 3. Chuck Fischer
- Bill McArdle
Jim Cassidy
Cliff Nelson

| Class | Name | BP | Curl* | Sq | Total |
|-------|----------------|-----|-------|-----|-------|
| 123 | none | | | | |
| 132 | none | | | | |
| 148 | Jack Hughes | 190 | 100 | 275 | 565 |
| | Bruce Howell | 225 | 110 | 230 | 565 |
| | Henry Gigere | 215 | 105 | 205 | 525 |
| 165 | Larry Ross | 320 | 130 | 390 | 840 |
| | Chuck Fisher | 300 | 125 | 315 | 740 |
| | Pat Hughes | 260 | 105 | 220 | 585 |
| | Martin Gorlick | 250 | 115 | - | 365 |
| 181 | Dan Anzel | 325 | 120 | 405 | 850 |
| | Jim Cassidy | 310 | 140 | 400 | 850 |
| | Lloyd Lemley | 355 | 140 | 350 | 845 |
| 198 | John Duster | 330 | 140 | 405 | 875 |
| | Gil Shuler | 280 | 115 | 380 | 775 |
| H | Lou Paul | 370 | 165 | 470 | 1005 |
| | Merle Carlson | 375 | 155 | 440 | 970 |
| | Bill McArdle | 325 | 165 | 410 | 900 |
| | Art Goddard | 365 | 165 | - | 530 |
| extra | Chester Yorton | 390 | 170 | 500 | 1060 |

* curls done with butt against pole, back touching pole at all times

bench done tough and go with 34" or less grip

re MD 12-64 p 64 , LN 12-64 p 12

Jul 18, 1964 re HS 8-20-64 p 40

Lancashire Adonis Queen of Beauty

- | | |
|---------------------|------------------|
| 1. Pat Nugent | 1. Pauline Burke |
| 2. Norman Wilkinson | 2. Elaine Green |
| 3. Gordon Pickering | 3. Barbara Coope |

Jul 18, 1964 annce HS 7-9-64 p 4

Mr. Worchestershire

Miss Worchestershire

Jul 19, 1964 The First Open Air Invitational WL chp at Maryland Penitentiary

123 Dave Moyer 215-160-225 = 600
Herbert Banks 135-145-165 = 445
Chuck Vinci 230-200-000 = 430

132 Lenny Falato 215-200-260 = 675
Charles Simmons 175-190-235 = 600
Norm Newton 190-165-215 = 570
Pete Miller 160-160-205 = 525

148 Tony Garcy 270-260-320 = 850
Don DeVaul 210-195-250 = 655
Bill Banning 175-175-240 = 590
Jerry Dickerson 185-175-230 = 590
John Ledbetter 165-180-235 = 580

165 Alfred Jones 215-215-275 = 705
Dave Zoltani 200-205-280 = 685
Lewis Martin 205-180-235 = 620
Sherwood Ellis 205-185-220 = 610
Dick Gross 190-170-255 = 615
Homer Brannum 280-215-000 = 495

181 Gary Cleveland 320-285-355 = 960
Frank Capsouras 250-235-315 = 800
Bill Andrews 275-225-280 = 780
Ben Townsel 230-225-270 = 725
Frank Chesno 195-195-265 = 655

198 Jenkins Hudson 300-285-360 = 945

H Norbert Schemansky 370-325-420 = 1115
Bill March 330-290-390 = 1010
Tom Suggs 310-275-355 = 940
Sam Lester 275-275-350 = 900

Thomas Snelgrove said, "This was the best prepared and run contest I have ever attended". Trophies were designed and made at the prison.

re LN 12-64 p 13

Jul 19, 1964 U.S. Prison Open Olympic lifting meet at Leavenworth, KS

123 Tom Dodson 120-120-160 = 400
Al Lucero 115-115-150 = 380
Ramon Burrola 110-100-155 = 365

| | | |
|-----|-------------------|-------------------|
| 132 | Art Tarwater | 175-170-215 = 560 |
| 148 | Boyd Smith | 235-210-255 = 700 |
| | Dick Bristow | 160-140-185 = 485 |
| | Boyd Williamson | 150-125-185 = 460 |
| | Wayne Smith | 140-140-170 = 450 |
| 165 | Chick Jacobson | 195-180-250 = 625 |
| | Phil Jackson | 170-160-225 = 555 |
| | Lalo Sanchez | 175-145-205 = 525 |
| 181 | Ken McClain | 225-225-285 = 735 |
| | Louie Young | 185-170-240 = 595 |
| 198 | Marvin Austin | 215-185-265 = 665 |
| | Dennis Winchester | 215-190-250 = 655 |
| | Carl Burton | 225-185-245 = 655 |
| H | Gary Deal | 340-270-365 = 975 |
| | Dave Keller | 225-235-330 = 790 |
| | Wayne Jackson | - - - |
| | annc SH 6-64 p 57 | re LN 7-64 p 1 |

Jul 25, 1965 Open WL contest at Lost Battalion Hall

| | | |
|-----|------------------|----------------------|
| 123 | Dennis Volger | 185-175-205 = 565 |
| 132 | Lenny Falato | 205-205-255 = 665 |
| | Bill Kane Jr | 195-205-250 = 650 |
| | Al Conde | 165-170-220 = 555 |
| | Tom Soto Jr | 150-155-220 = 525 |
| | Arnold Anderson | 135-135-170 = 440 |
| | Pat Ceccilio | 135-160-000 = 295 |
| 148 | Larry Mintz | 250-230-300 = 780 BL |
| | Mark Gilman | 205-210-275 = 690 |
| | Tony Petillo | 230-180-245 = 655 |
| | Tony LaTrace | 215-185-250 = 650 |
| | Ioannis Perrakis | 165-200-240 = 605 |
| | Ron Maisel | 170-180-235 = 585 |
| | John Gatto | 115-130-175 = 420 |
| | Jim Massai Bu | 220-230-000 = 450 |
| | Peter Rawluk | 195-210-000 = 405 |
| | Mike Lane | 180-170-000 = 370 |
| | Roger McCarthy | 210 |

| | | |
|-----|-----------------|-------------------|
| 165 | Bill Kowaloff | 255-245-315 = 815 |
| | Leonard Waxman | 220-240-300 = 760 |
| | Barry Sherman | 210-210-280 = 700 |
| | Ted Titzer | 230-190-270 = 690 |
| | John Butth | 205-205-255 = 665 |
| 181 | Frank Capsouras | 260-230-340 = 830 |
| | Jaime Rojas | 270-240-315 = 825 |
| | Tony Magliano | 280-230-310 = 820 |
| | Ed Rodriguez | 195-205-285 = 685 |
| | Ray Hartley | 180-190-260 = 630 |
| | John Rintoul | 165-140-200 = 505 |
| | Joe Figliolino | 245-220-000 = 465 |
| | Bill Forest | 240-235-000 = 475 |
| | Steve Tsoukas | - - - |
| | Jim Curry | - - - |
| 198 | Chris Tsoukas | 265-260-310 = 835 |
| | Wally Underhill | 250-250-310 = 810 |
| | Stan Blinder | 270-230-300 = 800 |
| | Andy Vanjak | 235-230-310 = 775 |
| | Dick Lippert | 205-200-280 = 685 |
| | Dennis Hamill | 205-190-270 = 665 |
| | Tom Lindstedt | 200-185-255 = 640 |
| | Ed McCarthy | 215-200-000 = 415 |
| | Bill Farrell | - - - |
| H | Fred Lewis | 280-270-340 = 890 |
| | Leston Sprauve | 290-255-340 = 885 |
| | Ed Ackerman | 280-225-300 = 805 |
| | Eric Weissbrot | 255-215-290 = 760 |
| | Albert Larsen | 225-200-250 = 675 |
| | Stephen Isaacs | 210-195-260 = 665 |

re SH 11-64 p 80, LN 12-64 p 25

Jul 25, 1964 Michigan State U and Michigan Reformatory at Ionia.

MSU: 1735.62 pts Ionia Reformatory: 1656.775 pts re LN 12-64 p 24