

Apr 4, 1964 Holy Saviour WL open PL meet Norristown, PA

Best Built Man:

1. Robert Ottmer	87
2. John Klo	85
3. Rudolph Rodgers	77
4. Carlos Jimniez	76
5. Edward Polaneczky	75
6. Gary Frank	74
7. Thomas Trevorah	73
8. Dan Siderio	72
9. Albert McCormick	72
10. Anthony Stallone	71
11. Joe Dodd	71
12. Leonard Masi	70
13. Peter Weston	69
14. Ted Sheola	69
15. Arnold Barnes	69
16. Jonathan Reuben	69
17. Pat Pantano	69
18. Louis Kushner	67
19. Bernie Morlock	66
20. Harry Schymacher	65
21. John Vernacchio	64
22. Albert Muchille	63

Class	Name	Sq	BP	SL	Total
123	Reuben Melendez	285	170	355	810
	Tom Tomasetti	255	205	330	790
	Gordon Mair	160	90	250	500
132	Harold Raker	235	205	475	915
	Bill Gladstone	260	175	425	860
	Ray Hildebeitel	265	185	380	830
	Felix Campos	275	210	350	835
148	Ray Mossie	400	275	450	1125
	Bob Scott	355	240	510	1105
	Peter French	345	265	490	1100
	Nick Otzel	380	255	425	1060
	Tomas Trevorah	330	255	400	985
	Bob Stachelek	340	225	390	955
	Wayne Sorber	290	195	420	905
	Charles Jewell	305	250	340	895
	Dick George	315	185	370	870
Ray Barkowski	225	200	400	825	
165	William Thompson	380	315	450	1145

	Mel Ruth	355	295	445	1095
	Al McCormick	315	275	425	1015
	Tom Ferrino	345	210	435	990
	Italo Bonacri	325	225	360	910
181	Willie Gaston	340	300	500	1140
	Dan Siderio	350	270	415	1035
	Joe O'Conner	350	240	410	1000
	Burt Hughes	325	210	390	925
	Cal Young	280	270	365	915
198	Lee Merritts	435	385	545	1365
	Dick Metzler	425	325	580	1330
	Dick Durante	500	300	530	1330
	John Leach	400	300	575	1275
	Bob Ceccoli	475	275	515	1265
	Bruce Alrichter	390	315	450	1155
	Bill Layer	310	260	480	1050
H	Ed Morelins	500	345	625	1465
	Ed Riley	480	400	560	1440
	Tony Shupin	400	350	600	1350
	John Klo	495	325	450	1270
	Al Larsen	400	280	525	1205
	Warren Betzler	400	300	500	1200

BL: Merritts in BP, Mossie in Squat, Raker in DL
re MD 8-64 p 57, LN 5-64 p 17

Apr 4, 1964 Oklahoma State PL chp in Tulsa

Novice Lifting:		based on Hoffman Formula			
Name	Bwt	BP	Curl	Sq	DL
Don Jones	128	225	125	275	350 OL
Paul Rogers	129	-	105	260	110
Otis Towers	137	185	105	265	105
Don Vest	150	-	-	-	160
Charles Dewees	151	215	125	260	140
John Robinson	154	155	-	-	-
Dan Harris	169	260	155	300	155

Ronnie Hibbs	176	-	145	-	170
Harvey Baker	177	300	-	-	-
R.C. Harris	177	300	-	360	490
David Clack	177	260	145	-	150
Maynrd Blackard	187	-	160	360	450
Jim Woods	190	250	150	-	160
Ell Darden	193	280	150	360	190
Stuart Coyle	198	250	150	360	190
Charles Herring	215	-	-	390	-
John Stephens	216	330	145	400	450

Open Lifting:

Name	Bwt	BP	Curl	Sq	DL
Charles West	148	-	145	-	-
Ron Ray	176	400	170	400	470 OL
Bill Farmer	176	300	165	380	465
Dick Burke	178	230	120	320	370
Clem Reinkemeyer	185	290	-	-	-
Jim Walts	199	320	145	430	500
Wayne Whitener	199	315	170	470	590
Ellwyn Simpson	209	340	175	375	525
Jim Witt	225	320	170	510	570

re MD 8-64 p 60 [USE THIS] LN 5-64 p 16

Apr 4, 1964 Sports Festival, Springfield, MA annc LN 12-63 p 11

Apr 5, 1964 Desiree Ellis

Apr 5, 1964 Ozark AAU WL chps in St. Louis annc SH 4-64 p 12

Apr 10, 1964 Dale Tomita born MD 3-96 p 206

Apr 10-11, 1964 YMCA Nationals in Los Angeles

123	Rene Juarez	180-165-215 = 560
132	Stan Levin	220-195 250 = 665
	Neal Lankford	160-145-200 = 505
148	Jerry Prince	225-220-260 = 705
	Bob Ruiz	200-185-255 = 640
	Mike Mayo	210-175-000 = 385
165	Tommy Kono	195-260-360 = 815
	Jim Matthews	260-235-330 = 825
	Pete Talluto	245-245-330 = 820

181 Lou Riecke 300-315-000 = 615
Stan Miyahira 210

198 Clyde Wetter 250-255-330 = 835
Ralph Smith 260-260-000 = 520

H Norb Schemanski 390-340-420 = 1150
Lee Phillips 390-290-385 = 1065
Mel Eisenberg 345-270-365 = 980

annc SH 3-64 p 12, LN 12-63 p 12 re SH 8-64 p 8 LN 5-64 p 2
Apr 11, 1964: Mr. Tennessee
1. Charles Estes
2. John Allen
3. Robert Moore
re IM 7-64 p 31; re IM 11-5?-65? p 6

Apr 11, 1964 The AMA Sr.WL meet in Pittsburgh
Mr. Allegheny:

123 Howard Stevens 165-155-210 = 530
132 Richard Carrigan 165-155-210 = 530
148 Russell Knipp 255-225-315 = 795
165 John Snizik 245-225-285 = 755
181 Leon Stinson 220-210-285 = 715
198 Tom Rowles 285-240-345 = 870
H John Hay 260-220-310 = 790
annc Phy Pow 2-64 p 23; LN 1-64 p 7; SH 4-64 p 12 re SH 11-64 p 79

Apr 11, 1964

Mr. Greater Phila 1. Steve Johnson

Miss Body Beautiful:

1.D. Cardonick MD 8-64 p 26, 28

annc MD 4-64 p 60, SH 3-64 p 12

& Apr 11, 1964 JOHN FRITSHE'S STRENGTH SHOW AT TOWN HALL IN PHILA
150 N. Broad Street MD 8-64 P 55 annc IM 5-64 p 34; SH 1-64 p 37