

Mar 14, 1964 East Lansing, Michigan National Collegiate WL chps

123	Gene Herbert	180-150-200 = 530		
	Paul Griffith	160-150-195 = 505		
	Allan Lord	150-150-190 = 490		
132	Howard Bovell	195-200-250 = 645		
	Nick Ford	185-150-220 = 555		
	Jeffry Zucco	145-145-210 = 500		
	Dick Fleming	190-190-000 = 380		
148	Tedd Begeman	220-210-250 = 680		
	Ken Healey	210-205-255 = 670		
	Marrin Manzeo	240-180-240 = 660		
	Dick Rosen	190-185-245 = 620		
	Jim Reindardt	200-170-225 = 595		
	Michael Riska	185-175-235 = 595		
	Jess Shows	200-155-235 = 590		
165	Richard Thomas	240-220-290 = 750		
	Frank White	260-205-275 = 740		
	Bernie Kutchinski	235-215-285 = 735		
	Joe Major	240-210-275 = 725		
	Henry Stewart	210-200-255 = 665		
	Tom Cummings	205-195-250 = 650		
	Dick Denison	205-225-000 = 430		
	Dick ARcuri	- - -		
181	Bob Daigle	250-235-340 = 825		
	Jerry Hoyt	250-250-320 = 820		
	Joe Chustz	270-240-300 = 810		
	Jim Rasmusson	195-210-305 = 710		
198	Gil DeMeglio	305-260-335 = 900		
	Ray Christensen	240-245-325 = 810		
	Howard Forth	240-225-290 = 755		
	Lee Barringer	220		
	Frank Benedetto	- - -		
H	John Suggs	320-280-380 = 980 BL		
	Ed Lazzaro	320	annc SH 3-64 p 12	re SH 6-64 p 55

Mar 14, 1964 Sr. Metro WL chp in Brooklyn

Mr. Sr. Metro: 1. Fred Recher

123	Gary Hanson	225-200-275 = 700 OL		
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132	Victor Rodriguez	205-180-225 = 610
	Fred Masten	170-175-230 = 575
	Albert Conde	160-170-220 = 550
	Steve Lockspeiser	160-145-200 = 505
148	James Massai	220-240-310 = 770
	Stan Bailey	230-220-285 = 735
	Bob Scott	200-205-265 = 670
	Mark Gilman	210-190-260 = 660
	Tony Petrillo	255-200-000 = 455
	Peter Rawluk	190-220-000 = 410
	Frank Milman	180
165	Tony Magliano	255-235-300 = 790
	Leonard Waxman	225-240-300 = 765
	Lionel McCollum	240-215-295 = 750
	Barry Sherman	230-220-290 = 740
	Ted Ritzer	225-200-280 = 705
	Dave Teason	220-205-275 = 700
181	Joel Jessinowski	270-235-320 = 825
	Jim Curry	260-210-280 = 750
	Ed Rodriguez	215-220-280 = 715
	John Vrabel	215-210-275 = 700
	Steve Tsoukas	245-235
198	Joe Saguto	275-250-325 = 850
	Chris Tsoukas	260-250-310 = 820
	Barry Senate	240-225-300 = 765
	Stan Blinder	250-215-295 = 760
	Roger St. Laurent	260-240-000 = 500
H	Stan Chiefetz	280-260-300 = 840
	Milton Gittleman	240-240-320 = 800
	Stuart Rauch	245-240-290 = 775
	Adam Swirz	235-220-275 = 730

annc LN 1-64 p 7 re LN 4-64 p 8

Mar 14, 1964 First Annual Closed AAU self-improvement contest in PL & Mr. Rite Form in Kenmore, NY

1. Jim Smith	35
2. Chuck Wuest	34
3. Norm Dux	31.5
4. Jerry Seback	29
5. Ed Diak	28.5

Powerlifts

Class	Name	Sq	BP	DL	Total
123	Dan Lewin	125	100	165	390
	Stan Tabaczynski	90	75	145	310
	Craig McFarland	60	55	120	235
132	Garey Lawis	200	120	310	630
	Arnold Hager	85	60	140	285
	Chris Hager	80	55	125	260
148	Jim Robinson	205	210	365	780
	Burrel Goddard	230	190	340	760
	Ed Diak	210	195	340	745
165	Norm Dux	255	220	380	855
	Dick Milczarski	290	185-380		855
	Chuck Wuest	240	235	375	850
181	Art Lorbeer	310	250	440	1000
	Bob Hall	310	220	430	960
	Gerald Sebeck	280	235	435	950
198	Nick Castiglia	430	315	450	1195
	Jim Smith	305	240	380	925
H	Jim Jones	405	290	525	1220
	Ben Glenn	350	335	455	1140
	Bruce Radka	400	240	475	1115
	Hardy Stanley	350	290	440	1080

re LN 5-64 p 8; MD 8-64 p 60

Mar 14, 1964 Michigan Jr. State wl meet in Detroit annc SH 4-64 p 12

Mar 14, 1964 Florida State Teen WL chp, Orlando

123	Mike Lucas	135-125-155 = 415
	Matthew Bryant	120-110-145 = 375
132	Terry Fuller	160-145-190 = 495
	Charles Alexander	145-130-170 = 445

148	Phil Emenheiser	245-205-260 = 710 OL
	Jean Gamache	205-170-225 = 600
	Bruce Milliken	175-160-210 = 545
	Joel Mittleman	175-145-200 = 520
165	Ted Athas	215-175-255 = 645
	Harvey Newton	190-200-240 = 630
	Bob Guinn	205-180-230 = 615
	Gary Boo	195-150-215 = 560
181	Chris Springer	175-170-230 = 575
	Duane Siegel	190-160-225 = 575
	Harold Burns	170-145-190 = 505
198	John Eustice	170-150-195 = 515
H	none	
	extra lifter Lon Holy	275-250-310 = 835
	re LN 5-64 p 22	