

Nov 2, 1963 Southeast Britain 5'8"

over 5'8"

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|-------------------|----------------------|
| 1. Roy Perrott | 1. Alan Bone |
| 2. Ray Garnett | 2. Colin Hart |
| 3. Rex Oakes | 3. Henry Whitmore |
| 4. Derek Tolliday | pho HS 12-26-63 p 21 |
| 5. Brian Eastman | |

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| 6. Terry Fury | This was the first time Wag Bennett |
| 7. John Perkins | ran a NABBA show |

8. Dave Barrett (age 20)

- Colin Hind
- Ronald Haley
- Arnold Betts
- Bob Clark or Nov 5? annc HS 9-5-63 p 41

annc HS 10-3-63 p 4; re HS 11-28-63 p 44

Nov 2, 1963 AGM re HS 11-28-63 p 37

Nov 3, 1963 Central AAU of U.S. and Metro Y of Chicago combine in Pre-Novice meet

Mr. Young Illinois: 1. Charles Kutzer

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|-----|-------------------|--------------------------|
| 123 | Frank Meyers | 150-140-170 = 460 |
| | Todd Cubbon | 135-125-155 = 415 |
| | Arnold Alunni | 105-095-120 = 320 |
| 132 | Frank Riley | 175-145-190 = 510 BL 3rd |
| | Ron Chmelar | 150-140-200 = 490 |
| | Greg Pasternak | 165-140-185 = 490 |
| | John Garey | 150-140-175 = 465 |
| 148 | Rich Fiordo | 185-160-220 = 565 |
| | Steve Kotis | 190-145-215 = 550 |
| | Perry Gunderson | 175-150-215 = 540 |
| | Garry Curran | 165-155-215 = 535 |
| | Wayne Hall | 175-145-195 = 515 |
| | Bruce Tarpy | 150-145-205 = 500 |
| | John Calvin | 155-135-200 = 490 |
| | Ray Krol | 155-135-185 = 475 |
| | Ken Morse | 155-135-185 = 475 |
| | Bill Reynolds | 155-130-180 = 470 |
| | Luciano Zecchini | 145-125-170 = 440 |
| | Joe Guiliano | 130-125-145 = 400 |
| 165 | James Heflin | 200-205-260 = 665 BL |
| | Mike Arendt | 190-190-230 = 610 |
| | Steve Vartabedian | 185-155-225 = 565 |
| | Jerry Curylo | 175-180-205 = 560 |
| | Gene Bartkeiwicz | 160-155-210 = 525 |

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| | Ron Reichert | 165-140-210 = 515 |
| | John Ozag | 160-155-200 = 515 |
| | Glen Eilenfeldt | 150-155-200 = 505 |
| | Gary Barket | 150-135-190 = 475 |
| | Bob Gajda | 215-195 |
| | Tom Sieben | 155-135 |
| 181 | Bill Doster | 220-180-250 = 650 BL 2nd |
| | Gene Klonicki | 160-190-210 = 560 |
| | Gorden Reynolds | 175-155-210 = 540 |
| | Doug Brubach | 145 |
| 198 | Charles Stanhope | 225-195-260 = 680 |
| | Sheldon Kirschner | 225-160-235 = 620 |
| | Al Sternberg | 190-150-225 = 565 |
| H | Bill Jacques | 200-185-245 = 630 |
| | Bill Koenig | 205-160 annc LN 11-63 p 8 re LN 2-64 p 8 |
| Nov 6, 1963 or Nov 5 Bernard Veneberg SOS2 p 109 | | |
| Nov 8, 1963 Anton Matysek died, age 71. BIH 63, MD 3-64 p 63, SH 2-64 p 32 | | |
| Nov 8, 1963 Olympic WL Chps annc HS 6-13-63 p 38 | | |
| Nov 8, 1963 Mario Dossantos, age 26, NABBA U competitor died in a car wreck.
HS 12-26-63 p 19 pho # | | |
| Nov 9, 1963 Old Dominion WL Chp Lynchburg, VA. | | |
| | Mr. Old Dominion: | |
| | 1. Wesley Sligh | |
| | 2. Jerald Reed | |
| | 3. Tommy Elvin | |
| | 4. Reggie Blankenship | |
| 123 | Neil Thomas | 160-170-220 = 550 |
| | Tom Baker | 150-145-200 = 495 |
| 132 | Vernon Bibb | 165-155-205 = 525 |
| | Jerry Silverthorn | 125-140-180 = 445 |
| 148 | Wesley Sligh | 200-170-215 = 585 |
| | Jim Gilliam | 190-165-215 = 570 |
| | Charles Ferguson | 190-155-210 = 555 |

	Don Beverly	170-145-205 = 520	
	Jim Bishop	165-145-190 = 500	
	Mike Baker	140-135-175 = 450	
165	Stuart Kerxton	230-210-270 = 710	
	Jim Robertson	225-195-260 = 680	
	Larry Gardner	190-175-215 = 580	
	Butch Wili	180-170-205 = 555	
	C.E. Boyd	190-150-210 = 550	
181	William Zattiero	285-255-300 = 840	
	Jim Ryan	235-215-275 = 725	
	Charles Bane	205-185-240 = 635	
	David Traylor	195-185-235 = 610	
198	Dave Bourland	255-230-300 = 785	
	Pat Harrison	230-190-260 = 680	
	John Kenney	220-210-245 = 675	
H	Bob Crist	270-230-290 = 790	
	Reg Roberts	240-210-280 = 730	re SH 3-64 p 14
Nov 9,	1963 The 2nd Metro Development WL contest Long Island,NY.		
annc LN	11-63 p 8, SH 12-63 p 12		
Nov 9,	1963 Gold Coast wl chps in Coral Gables, FL. phy:1. cf Oct 26		
	exhibit Paul Anderson 445-340-420 = 1205		
123	none		
132	Pedro Hernandez	205-210-255 = 670	
148	Bob Neff	230-225-315 = 770 BL	
	Edd Gilbertson	210-170-230 = 610	
165	none		
181	Matthew Russell	245-215-300 = 760	
	Steve Carey	245-205-275 = 725	
198	Bill Remly	265-230-300 = 795	
	Larry Gilmore	260-210-275 = 745	
	Walt Jacobsen	220-220-290 = 730	
	Carl Stridfeldt	210-185	

H	Lon Holy	290-240-320 = 850	
	Neil Freeman	280-225-320 = 825	
	Phil Herzog	240-230-300 = 760	
	Mike Baeli	240-220-300 = 760	
	Gordon Crane	240-215-285 = 740	re SH 3-64 p 14

Nov 9, 1963 Open WL at Boston Union

Mr. Strength & Health:

1. Frank Duchnowski
2. Nathan Harris
3. Dick Sokolowski

123	C. Mesrobian	150-150-200 = 500
	T. Hutchinson	160-140-200 = 500
	J. Shortell	165-130-185 = 480
132	G. Guimont	195-175-220 = 590
	J. Scollo	170-170-225 = 565
	N. DiMarca	170-140-200 = 510
	D. Tattrie	165-145-195 = 505
148	F. Fabiano	215-205-260 = 680
	P. Erskine	190-170-235 = 595
	F. DiNublia	180-165-225 = 570
	Joe Mills	145-160-210 = 515
	Peter French	220-175
165	J. DiCosta	225-230-285 = 740
	R. Chiaradia	225-215-285 = 725
	J. Maillet	230-200-275 = 705
	D. DeMars	200-200-265 = 665
	C. Smith	215-190-250 = 655
	R. Hartley	195-195-260 = 650
	R. Beaulieu	175-195-260 = 630
	R. Melinarskas	190-165-245 = 600
	N. Newhall Sr	200-170-230 = 600
	H. Burton	180-170-240 = 590
	J. Marchionda	190-175-220 = 585
	F. Clark	185-185
	J. Brogan	- - -

181	D. Mason	240-235-305 = 780	
	L. Cornell	215-220-290 = 725	
	B. Fredette	205-200-280 = 685	
	W. Jenkins	210-175-245 = 630	
	W. Bailey Jr	195-180-240 = 615	
	R. Rogers	- - -	
198	Bob Bednarski	300-255-330 = 885	OL
	J. Green	235-215-275 = 725	
	H. Bailey Sr	230-220-265 = 715	
	A. Arsenault	230-200-255 = 685	
H	M. Rubino	255-235-330 = 820	
	B. Charlebois	290-225-305 = 820	
	R. Murphy	230-205-270 = 705	
	B. Austin	175-165	
	L. Wright	240	re LN 2-64 p 7

Nov 9, 1963 Wales vs West of England Strength Set annc HS 10-31-63 p 4

Mr. Bristol (11) Jr (6) re HS 12-12-63 p 39

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| 1. Royston Jones | 1. Steve Cox |
| 2. Mike Pilotis | 2. Gareth Milliner |
| 3. Ken Ashton | 3. I. Khan |
| 4. John Davies | 4. Donald Gapper |

Nov 14, 1963 Weightlifting Clinic for Physical Education instructors of NYC high school system annc SH 12-63 p 12

Nov 15, 1963 HOWARD PRECHTEL 1020 LBS IN ONE HAND, HAND AND THIGH LIFT, DID IT 105 REPS IN 75 SECONDS