

Aug 17, 1963 Open PL Meet at Central Falls, RI

Class	Name	Sq	BP	DL	Total
123	G. Guimont	290	180	375	845
	R. Phillips	230	145	340	715
	C. Desomereux	115	60	135	310 age 10 bwt 76.5 lbs
132	B. Gladstone	270	170	430	870
	H. Raker	235	210	425	870
	N. DeMarca	260	180	370	810
	F. Masten	250			
148	J. Marchionda	345	210	410	965
	A. Schneider	290	200	375	865
	T. Ross	290	210	340	840
165	Peter French	340	250	475	1065
	F. Schneider	270	210	290	770
181	B. Schinse	300	205	400	905
	J. Coleman	250	170	335	755
198	B. Ceccoli	440	290	525	1255
	B. Depres	350	205	445	1000
	A. Miller	240	210	420	870
H	G. Gillon	465	410	600	1475
	E. Moerlins	470	340	600	1410
	A. Larsen	370	280	525	1175
	D. Schultz	315	315	400	1030
	T. Price	370	200	400	970
	H. Weinberg	290	225	410	925

annc LN 9-63 p 6 re MD 1-64 p 60, LN 1-64 p 2

Aug 17, 1963 Nottinghamshire County Strength Set re HS 10-3-63 p 44, 45

Mr. Hercules: 1. Jack Bell
2. Walter Redhead
3. John Montana

Aug 17, 1963 Miss Stourbridge annc HS 7-25-63 p 45

Aug 22, 1963 Southeast Britain annc HS 6-27-63 p 46; re HS 9-19-63 p 40
re HS 10-3-63 irc pho; 10-17-63 p 43

Jr. Mr. SE Britain Open Mr. SE Britain (28)
1. Brian Eastman 1. Roy perrott

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|-------------------|-----------------------|
| 2. Davis Trussler | 2. Derek Tolliday |
| 3. Colin Norris | 3. Gordan Van Sertima |
| 4t John Hammil | 4. Tony Gambin |
| 4t John Jolley | 5. Paul Santa Maria |
| | 6. Henry Greaves |

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| Jr. Miss SE Britain | Open Miss SE Britain |
| 1. Jenny Wayne (Rick's sister) | 1. Jeannette Allen |
| 2. Janice McFerran | 2. Joyce West |
| 3. Valerie Calpperton | 3. Brenda Fitch |
| | 4. Helen Flitcher |

Aug 23, 1963 3rd Ann. Open Odd Lifts at Kenmore, NY annc LN 5-63 p 7 cf Aug 13

Aug 24, 1963 The Third Annual YMCA AAU Open Northern Calif novice PL chp

- Mr. Bay Area:
1. Mike Dadigan
 2. Ken McCord
 3. Frank Farmer
 4. Millard Williamson mm
 5. Robert Steele

Class	Name	BP	Sq	Total
123	none			
132	none			
148	B. Sherman	240	350	590
	M. Marquez	270	295	565
	E. Triano	235	295	530
	R. Mislant	-	-	-
165	C. Sander	285	375	660
	P. Catania	235	295	530
181	L. Blass	355	415	770
	M. Dadigan	310	425	735
	C. Scarano	290	425	715
	J. Howlett	325	375	700
	F. Morris	265	400	665
	J. Camporeale	225	375	600
198	G. Mitchell	290	455	745
	G. Gaxiola	350	390	740
	K. McCord	305	420	725
	V. Dale	255	300	555

H	J. Foy	400	480	880	
	R. Balance	330	460	790	
	C. Kistler	325	450	775	
	L. Doyle	330	390	720	re LN 12-63 p 9 re MD 1-64 p 61

Aug 24, 1963 Kansas Prison meet in Lansing, KS.

123	Jim Paige	135-105-135 = 375
132	Art Tarwater	165-160-215 = 545
148	Don Blue	170-170-225 = 565
165	Isiah Straughter	165-135-210 = 510

181	Chester James	205-195-255 = 655
	J.C. McDonald	170-160-220 = 550
	Cecil Penry	180-160-200 = 540
	John Lyons	160-175-195 = 530

198	Leonard Friesz	250-225-300 = 775
	Carl Finan	190-160-220 = 570
	Bill Burton	170-160-200 = 530

H	Dave Keller	195-215-270 = 680	
	Jim Callison	000-170-230 = 000	re SH 1-64 p 14

Aug 24, 1963 East Midlands Area annc HS 6-27-63 p 46; re HS 9-19-63 p 41
at Central Hall, Derby [or Aug 31 HS 5-16-63 p 47 ??]

Jr. E. Midlands	Mr. East Midlands (28, a record)	
1. Peter SPencer	1. Gabor Toth	
2. Joey Whieldon	2. Tom Skidmore	Jr. Miss
3. Richard Poole	3. Bryan King	1. Ann Elflett
4. Gilbert Goodlad	4. Dennis ALLcock	2. Joy Elflett (sisters)
5. David Lein	5. Michael Baker	
6. Antony Martin	6. Jack Bell	

Jr. Mr. NE:	Miss NE	Miss NE
1. Don Morris	1. Jeannette Gaynor	1. Pat England
2. Derek Cook	2. Betty Eaton	2. Joy
3. Muir Mennell	3. Brenda Dowey	

Aug 24, 1963 Miss Worchestershire Bathing Beauty annc HS 6-13-63 p 14

Aug 27, 1963 Alan Ichinose born

Aug 31, 1963 The 3rd annual odd lift meet Kenmore,NY.

Mr. Hercules:

1. Jim Ferri
2. Jerry Doettrel
3. Gino Fanutti
4. Steve Orsini
5. Peter French

Class	Name	UR	BP	Sq	Total
123	Scott Sawyer	105	160	160	425
	Dick Mandel	95	115	165	375
	Dave Battaglia	95	130	150	375
132	Bill Sawyer	115	215	270	600
	Doug Caruana	100	215	220	445
	Nick Colunio	90	135	150	375
148	Jim Ferri	140	285	335	760
	Peter French	135	265	325	725
	Joe Liberatore	140	250	295	685
	Morris Cole	130	230	275	635
	Jim Robinson	135	195	195	525
165	Fred Kwast	150	260	420	830
	Bill Warren	135	300	330	765
	Allen McCormick	125	215	280	620
181	Frank Ricotta	170	275	280	725
	Art Lorbeer	145	230	255	630
	Fred Olsen	135	225	250	610
198	Bill Pontrello	180	315	375	870
	Stephen Kubant	170	320	330	820
H	Richard Durante	160	325	500	985
	Mike Giardina	185	305	460	950
	Mike Luchino	160	345	445	950
	Don Palmer	180	350	400	930
	Ben Glenn	155	330	380	865
	John Neff	160	260		

annc LN 7- 63 p 2 re MD 1-64 p 62 LN 1-64 p 8

Aug 31, 1963 Lancashire & Cheshire Divisonals annc HS 4-18-63 p 47
re HS 10-3-63 p 46

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| Mr. Lancashire & Cheshire (21) | Miss: |
| 1. Terry Parkinson | 1. Julia Rowley |
| 2. Pat Nugent | 2. Barbara Jones |
| 3. Bill Hemsworth | 3. Jean Wakelam |
| 4. Trevor Cording | - Christine Hannaby |
| 5. Arthur RAdcliffe | |
| 6. Michael Callan | |
| 7. Malcolm Doran | |
| - Tony Haynes | |
| - Alan Wild | |
| - Bill Barton | |

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| Jr. Miss | Jr. Mr. | Novice |
| 1. Francis Ollerton | 1. Ian Townley | 1. Roy Ollerton |
| 2. Corinne Loveday | 2. John Newton | 2. Ian Hymes |
| | 3, Ken Wimpenny | 3, Jim Shone |

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| Sep 5, 1963 | Health & Strength | Vern Weaver |
| Sep 19, 1963 | Health & Strength | John Tristram |
| Sep 1963 | Lifting News | Ken Rank, Orlando Lopez,
Robert Riffice, Joe Young
athlete |
| Sep/Oct 1963 | Physical Power | Lynn Lyman |
| Sep 1963 | Physique Pictorial | G. Veres |
| Sep 1963 | The Strength Athlete | Bill Golumbick, Stan Musial |
| Sep 1963 | Strength & Health | Brian Melloy |
| Sep 1963 | Tomorrow's Man | Arthur Elden |
| Sep 1963 | The Young Physique | |

Sep 1963 SH p 8 explains Gerard Champagne's bench technique
p 27 # annc Muscular Development mag coming
p 27 pho Roy Hilligenn and his bride Hettie

- Sep 1, 1963 Otter Lake Open meet Greenfield, N.H. at Camp Union
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|-----|---------------|-------------------|
| 123 | T. Hutchinson | 160-125-185 = 470 |
| | C. Mesrobian | 130-125-190 = 445 |
| | E. Bye | 105-105-145 = 355 |
| | K. Dinofrio | 75-70-105 = 250 |

132	Walter Imahara	220-220-270 = 710 OL
	G. Guimont	185-160-205 = 550
	N. Demarco	170-145-200 = 515
	P. Hill	140-125-160 = 425
148	D. Quail	190-170-225 = 585
	J. Marchionda	170-160-205 = 535
165	P. Mauro	240-220-290 = 740
	B. Searles	230-190-270 = 690
	B. Laycock	200-190-230 = 620
181	D. Mason	250-225-310 = 785
	B. Shoemaker	170-160-205 = 535
	J. Shoemaker	- - -
198	Bob Bednarski	275-235-315 = 825
	B. Cox	235-190-260 = 685
	B. Fredette	195-190-275 = 660
H	D. Holmes	235-195-260 = 690
	D. Bossart	210-175-250 = 635
	D. Clarkson	215-175-225 = 615

re LN 2-64 p 8