

Feb 24, 1963 Ozark AAU WL chp in St. Louis

123 Ken Rauk 175-155-210 = 540  
Ron Skinner 165-135-190 = 490  
Dick Long 145-140-185 = 470  
Bob Kesler 125-105-150 = 380  
Mark Goldberg 125-100-140 = 365  
MArk Thiemens 105-100-140 = 345

132 Daryl Valperts 200-180-245 = 615  
Jim Lafata 130-115-175 = 420  
Dave Grinstead 120-125-160 = 405  
Steve Schwedt 135-115-150 = 400

148 Dave Miller 175-165-220 = 560  
Adam Wersching 170-155-200 = 525  
Wally McDonald 165-145-200 = 510  
Bill Rohrkaste 140-125-190 = 455  
Allen Cohen 135

165 Allen Reeves 215-235-305 = 755  
Jim Yaekel 205-185-235 = 625  
Tony Galati 190-165-235 = 590  
Bob Nicolotti 165-175-225 = 565  
Jim Laurenti 170-175-215 = 560  
Herb Neuman 160-160-215 = 535  
Tom Salyer 175-150-200 = 525  
Greg Soule 160-145-195 = 500

181 Dan Anzel 250-205-260 = 715  
Ed Zercher Jr 200-190-240 = 630  
Ken Schmitz 195-185-225 = 605  
Tom Staroba 180-160-205 = 545  
Jim Foster 170-150-195 = 515

198 George Winkler 190-190-270 = 650  
Woody Krause 150-150-185 = 485

H Don Rathert 230-230-335 = 795  
John Condellone 190-155-225 = 570

extra lifters:

Art Tarwater 170-160-210 = 540  
Leonard Friesz 270-225-305 = 800  
Bruce Strosnider 250-240-300 = 790

re SH 6-63 p 10, 7-63 p 51 LN 6-63 p 15 & Joe Southard crucifix with 80 lbs each hand

Feb 24, 1963 The Milwaukee City WL chps

123	none		
132	Don Lydolph	160-155-205 = 520	
	John Cammack	150-155-195 = 500	
148	Wayne Yanke	240-210-290 = 740	
	Paul Kunz	205-190-240 = 635	
	Joe Stanke	195-180-250 = 625	
	Chet Burak	200-180-225 = 605	
	Henri Peters	170-165-215 = 550	
165	Ron Moffat	200-175-235 = 610	
	Rudi Keidl	175-155-195 = 525	
	Jim Nuedling	220-220-000 = 440	
181	Jack Kahl	225-240-325 = 790	
	Ray Groh	225-205-275 = 705	
	Don Ries	210-185-250 = 645	
	Glenn Wilson	195-185-250 = 630	
	Mark Kintop	- - -	
198	Karl Buehrer	240-245-310 = 795	
	Don Kopydlowski	215-205-275 = 695	
	Don Eckart	225-190-245 = 660	
	Emanuele Vitale	240-235-290 = 765	extra lifter
H	George Williams	275-245-310 = 830	
	Ted August	270-220-300 = 790	
	Ken Simpson	255-225-300 = 780	
	Willi Walczyk	250-235-285 = 770	re LN 6-63 p 11

Feb 24, 1963 Chicago Metro YMCA Open WL chp & Mr. YMCA

123	T. Pedraza	135-130-180 = 440	
132	W. Battersby	205-185-245 = 635	
	R. Rifface	175-165-200 = 540	
	Rick Holbrook	125-120-160 = 405	age 14
148	K. Jotset	250-230-310 = 790	
165	I. Schroeder	240-235-300 = 775	
	R. Nootens	215-225-310 = 750	
	Phil Smeja	225-210-275 = 710	

181	Charles Nootens	255-255-320 = 840
	G. Parker	250-260-315 = 825
	Racklin	240-240-315 = 795
198	Clyde Emrich	315-295-400 = 1010
	T. Golec	275-220-335 = 830
	D. Reed	260-255-315 = 830
H	Fred Schutz	285-265-350 = 900
	J. Rose	240-210-255 = 705
	B. Baumann	190-205-275 = 670

annc sh 3-63 p 10, LN 9-62 p 4 re LN 4-63 p 8

Feb 24, 1963 Central Ohio AAU WL meet Columbus

123	Gary Davis	155-135-200 = 490
	Paul Ward	120-110-150 = 380
	Jim Benjamin	105-100-120 = 325
	Bob Graham	110-080-130 = 320
	Jeff D'Angelo	090-080-115 = 295
132	Russell Dodson	175-070-215 = 560
	Eddie Sopher	135-135-190 = 460
	Lawrence Thomas	125-125-175 = 425
	Mike McGonagle	135-115-170 = 420
	Tom Shannon	125-125-165 = 415
148	Grady Marcum	190-180-245 = 615
	Tom Jahn	165-130-195 = 490
	Dick Voeis	150-145-195 = 490
165	Curtis Marcum	175-205-255 = 635
	Jim Puckett	200-180-250 = 620
	Ron Cole	205-175-225 = 605
	Ken Scott	160-160-245 = 565
	Mike Stearns	160-160-225 = 545
	Don Keeran	180-150-200 = 530
	Jim Kahn	170-150-205 = 525
	Steve Metcalf	155-145-190 = 490
181	Jim Hannahs	210-195-270 = 675
	Geno Frizzora	175-165-225 = 565
	Dan Piccinini	`55-090-125 = 350

198	John Ackerman	205-210-255 = 670
	John Shaffer	200-170-230 = 600
	Don Lunsford	185-160-230 = 575
	Ben Chandler	180-160-225 = 565
	Melvin Harris	170-170-220 = 560

H	Tom Hall	235-210-285 = 730
	Calvin Cousins	200-200-280 = 680

re SH 7-63 p 64

Feb 24, 1963 Jr. Cleveland WL chp

ref ref??

Mr. Jr. Cleveland:

1. John Campolite, mm

2. Hal Esterwood

3. LeRoy Rossell

123	Bob Thomas	140-130-180 = 450
132	Tom Treese	190-160-215 = 565 OL
148	Pete Stillwell	180-150-200 = 530
165	George Murphy	200-185-225 = 610
181	Frank Toncar	180-145-190 = 515
198	Al Wycoff	225-190-260 = 675
H	Vic Check	195-150-200 = 545

Feb 24, 1963 Alanna Partipilo born

Mar 7, 1963	Health & Strength	Earl Clarke
Mar 21, 1963	Health & Strength	Paul Wynter
Mar 1963	Lifting News	Wilbur Miller
Mar 1963	Mr. America	John Tristram
Mar 1963	Muscle Builder	Clancy Ross
Mar/Apr 1963	Physical Power	four athletes
Mar 1963	Physique Pictorial	a drawing
Mar 1963	The Strength Athlete	Michael Pearman
Mar 9 1963	Strength & Health	Guy Mierczuk
Mar 1963	Tomorrow's Man	Gerold Seeger
Mar 1963	The Young Physique	John Tristram

Mar SH 1963 p 62 List of California State WL records

Mar 2, 1963 Greeley, Colorado Open WL

Mr. Rocky Mountain:

1. Jerry Abbott
2. Paul Wachholz
3. James Tyler

123	Roger Heflin	155-145-190 = 490
	Glen Kaner	145-130-170 = 445
	Stephen Cross	110-115-140 = 365
	John Schoenbauer	105-105-140 = 350
	Jim Overholt	105-100-140 = 345
132	Les Balazs	190-165-225 = 580
	David Baldwin	160-145-190 = 495
	Delphino Padilla	155-130-170 = 455
	Tom Wills	130-130-170 = 430
	Don Brownell	125-125-155 = 405
	Ed Bailey	120-100-140 = 360
148	R. Holder	190-185-230 = 605
	R. McBirney	170-165-225 = 560
	M. Aarni	175-155-220 = 550
	W. Turner	160-150-190 = 500
	C. Cordova	155-145-185 = 485
165	Joe Grantham	260-230-330 = 820 BL
	Phil Padilla	185-180-240 = 605
	GARY Moore	200-170-230 = 600
181	Robert Ring	255-205-285 = 745
	Ivars Mankows	230-220-285 = 735
	Bob Stadler	210-195-260 = 665
	George Stevenson	- - -
198	Paul Wachholz	250-230-300 = 780
	Paul Van Sickle	210-185-250 = 645
	Bill Helmich	195-160-235 = 590
H	Wayne Kirschling	265-205-290 = 760
	Mike O'Kane	250-200-250 = 700
	Bob Thompson	225-210-255 = 690

re LN 5-63 p 8

MAR 2, 1963 ANNC SH 3-63 P 10 OPEN TEENAGE WL MEET IN Pittsburgh

Mr. Teenage:1.